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TIME TO LIGHT IT UP

THROW OUT THAT OLD TANGLE OF BULBS — X-MAS TIME IS NOW LASER TIME

PAGE 34

Ex-Tory staffer gets 9 months for robocalls scandal

Judge calls incident 'an affront to the electoral process' PAGE 18

The long fall from grace

As more women accuse Bill Cosby of sexual assault, Metro looks at other celebrities taking a hit in the court of public opinion PAGE 23

MÖTLEY COOPER

The legendary Alice Cooper got the rock rolling at the Scotiabank Saddledome on Wednesday night as he opened for Mötley Crüe's The Final Tour. For more images of the show, head to metronews.ca.

CANDICE WARD/FOR METRO

A 'crisis' lost in translation

Westgate School. Spanish, French conflict ramps up at packed city school; parents criticize school board for lack of options

JEREMY NOLAIS
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Battle lines are being drawn at a packed west-side school, where some parents say growing French and Spanish programs can no longer coexist.

Westgate School's student population is divided evenly between kids in the two language programs. By all accounts, the school is overcrowded — facility population breakdowns have yet to be publicized for the 2014-15 year, but in 2013-14 Westgate was at 91 per cent capacity.

Originally, it appeared that the Spanish students would be on their way out, but some would have to transfer between four schools in as many years.

Parents rallied hard against what was described as a "crisis" situation, and the provincial government responded in late September by awarding the site eight modulars that would seemingly allow the Spanish students to stay put for the time being.

Since then, however, a group of parents with kids in the French program, including some who sit on the local community association's board, have launched a campaign opposing the makeshift classrooms. Massive billboard signs have been installed in at least two locations; an online petition opposing the move has garnered nearly 200 signatures; and flyers with no name attached, only an email address, have been distributed around the community.

Susannah Thomsen, who has two kids in Westgate's Spanish program, had one of the flyers land in her mailbox Wednesday.

"The divisiveness has escalated," she said. "I do believe this is a small minority and I'm not sure what the motivation would be, referring to the flyer, that losing a basketball hoop (to make room for the modulars) somehow trumps putting 350 kids in an unknown situation. I mean, basically making them homeless."

Mother Susan Giesen, however, said she's merely trying to find solutions that work for all parties. She has a child in the French program and admitted to being behind some of the lobby efforts to prevent the modulars.

Giesen said, save for a few outspoken "squeaky wheels," her group has no intentions of pitting one language program against another.

"There's no way that we can keep both programs under one roof.... What the Spanish program needs is an acceptable home," she said. "Nothing that's being done is a solution. Everything is what I, personally, call a Band-Aid."

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Beaten cab driver calls for added security

Riverbend attack.
Police charge two patrons with assault after weekend incident

JEREMY NOLAIS
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Kuldip Mangat says he was simply trying to follow the rules.

The veteran cab driver was responding to a seemingly routine dispatch call late Saturday at a Riverbend home that appeared to be the site of a party.

When he arrived, five people tried to get in, but Mangat only had room for four.

"I told them I can't take them all," he said. "They weren't happy ... then one guy poured his drink on me."

Mangat says he went to get out of his car because he was wet but slipped on some ice and fell. He said that's when the perturbed patrons pounced.

"They punched me in the head over and over," he said. "I tried to put my hands up to protect my nose because I've had surgery there. They just kept going."

When his attackers stopped, Mangat said one man appeared to toy with him, pretending to hand back his cellphone, which he'd dropped on the ground, and offer him some food.

"I felt like it was a trick," he said.

He ran to some nearby homes and knocked on a few before one man let him in and gave him a towel to wipe the blood pouring from his nose. The police were called, and a representative confirmed two people have since been charged with assault.

Mangat was left with a minor concussion, a severely bruised left eye as well as other scrapes.

"I feel like I have a hangover," he said Tuesday, more than two days after the savage beating. "That's the pain in my head — it's all around."

But he said while the incident was the most severe he's experienced, there are constant problems for him and his peers who work the busy weekend night shifts. Alcohol plays a major factor, he said.

As of July 2013, the city has required all cabs to install security cameras, but Mangat said he still has at least one customer a month dash from his cab without paying. He believes safety partitions — also referred to commonly as taxi shields — separating the drivers and their customers might help, but others have expressed concern that it cuts down on the number of available seats because the passenger chair remains empty.

In 2013 the city's Taxi and Limousine Advisory Committee formed a group to examine partitions in other municipalities but found they had little impact on safety. That same year appears to be a banner one for law-abiding taxi passengers, with just 166 reported crimes taking place inside a cab, down from an average of 199 incidents over the previous five years.

Calgary United Cabs' Kuldip Mangat is seen a few days after he says he was savagely beaten by a group of patrons.
JEREMY NOLAIS/METRO

Rupinder Gill, president of Calgary United Cabs, the latest outfit that Mangat had been working for, noted too that his driver stepped out of the vehicle, meaning no partition would have saved him.

While Gill agreed that safety is a concern, he believes education may be key. He said informing customers that drivers can't bend the rules because they will lose their licence could go a long way.

"We're also educating our drivers, giving them safety lessons on how to handle those situations," Gill said. He said the attack on Mangat was the first on a United driver since the brokerage launched earlier this year.

For his part, Mangat said he's pretty sure his time as a taxi driver is over. He said he suffered one previous attack while dropping off customers in the Temple neighbourhood — one individual even brandished a knife to scare him in that instance.

"It's not safe," he said. "I had forgotten about (the dangers) after all this time, but now I know it's not safe for the guys who are working the nights."

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Calgary Transit to release its real-time data in mid-2015

Tech. With Calgary Transit app on the way, third-party apps are also waiting for an upgrade

HELEN PIKE
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Calgary Transit's real-time upgrade will soon bring bus times to riders' hands with its own app, and it's been confirmed data will be available to third-party developers mid-year in 2015.

As it stands, transit users with smartphones rely on third-party apps to get their schedules and plan routes. Calgary Transit already provides its schedules to developers, but now that it's equipped for real-time data, those apps lag behind.

Though details of Calgary Transit's app are still hazy, it has confirmed the app will be ready by next year, after which it will be prepared to share the real-time data with developers.

"Our app is scheduled for early next year," said Stephen Tauro, communications strategist for Calgary Transit. "Right now our focus is to make sure the website is 100 per cent first, so we are just going through customer feedback."

Now that Calgary Transit's real-time website is up and running, some third-party apps are lagging behind. HELEN PIKE/METRO

Tauro added that if all goes well, third-party developers can expect to see real-time data by mid-2015.

Nick Heer, the writer of Pixel Envy, a local tech-focused blog, said there are probably a dozen third-party apps that use Calgary Transit's data to offer customers different experiences not already available. He said giving third-party developers the real-time information would give riders options tailored to their interests in an app.

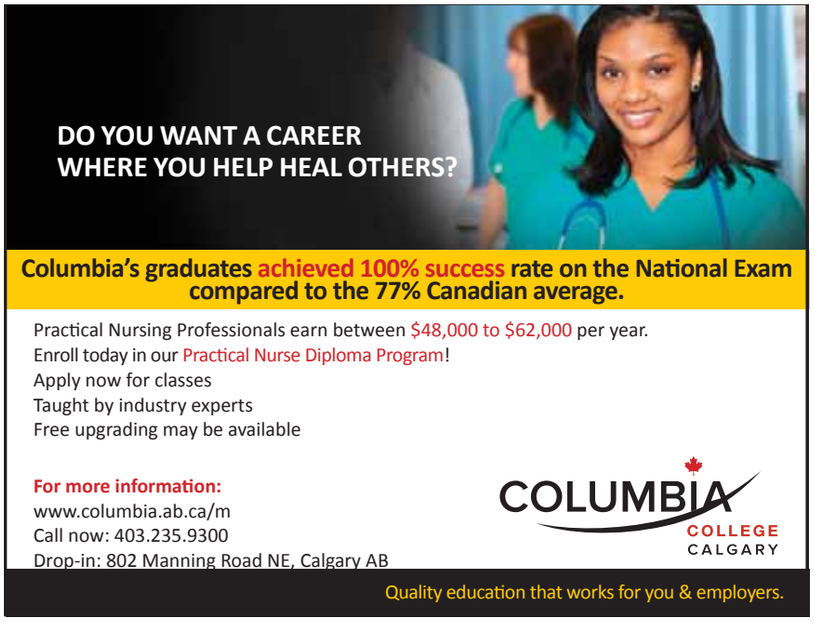
"That sounds good and promising for a lot of third-party developers," Heer said. He has high hopes for the transit app but has been using one by a third party in the interim.

"The app I use most is an app called Transit.... It will just have current bus times for nearby, and (real-time data) will be super handy for apps like that."

Calgary Transit said right now the website is optimized for mobile use and already has an app feel. Users can go directly to the website to check out the real-time capabilities on the go.

Details

- Stephen Tauro, communications strategist for Calgary Transit, says that the new real-time features aren't perfect yet. Out of a fleet of 1,100 buses, 100 still aren't equipped with GPS systems.
- Calgary Transit launched its real-time service before installing the remaining systems to gather feedback from users and fix any bugs that may arise in the process. Routing is based on how buses are scheduled, so one day a route might have real-time, but the next day riders might not see their bus updated in real time.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Prentice defends Dirks over school-modulars decision

Premier Jim Prentice defended Education Minister Gordon Dirks on Wednesday for leapfrogging over other schools to deliver modular classrooms to his own Calgary riding just before a byelection.

The two school modulars promised to William Reid school in Calgary-Elbow jumped past six other projects deemed by school officials to be higher priority.

Days later, on Oct. 27, Dirks won a hotly contested byelection race.

Dirks has refused in question period to say why he made the decision to bypass higher-priority schools and has refused to talk to reporters outside the house.

Gordon Dirks METRO FILE

Opponents say the decision was unethical electioneering and abuse of ministerial authority, putting the lie to Prentice's promise to return government to integrity following the scandals of the Alison Redford era.

Prentice, however, told reporters that while priority lists for modular classrooms are important, they are not written in stone.

"(Dirks') ministerial responsibility involves exercising judgment to make those kinds of choices at the end of the day," said Prentice.

"There are no lists that are absolute.

"(Dirks) was aware for some time of the pressure in that community for modular schools, and there's pressure everywhere in the province.

"He chose to take action."

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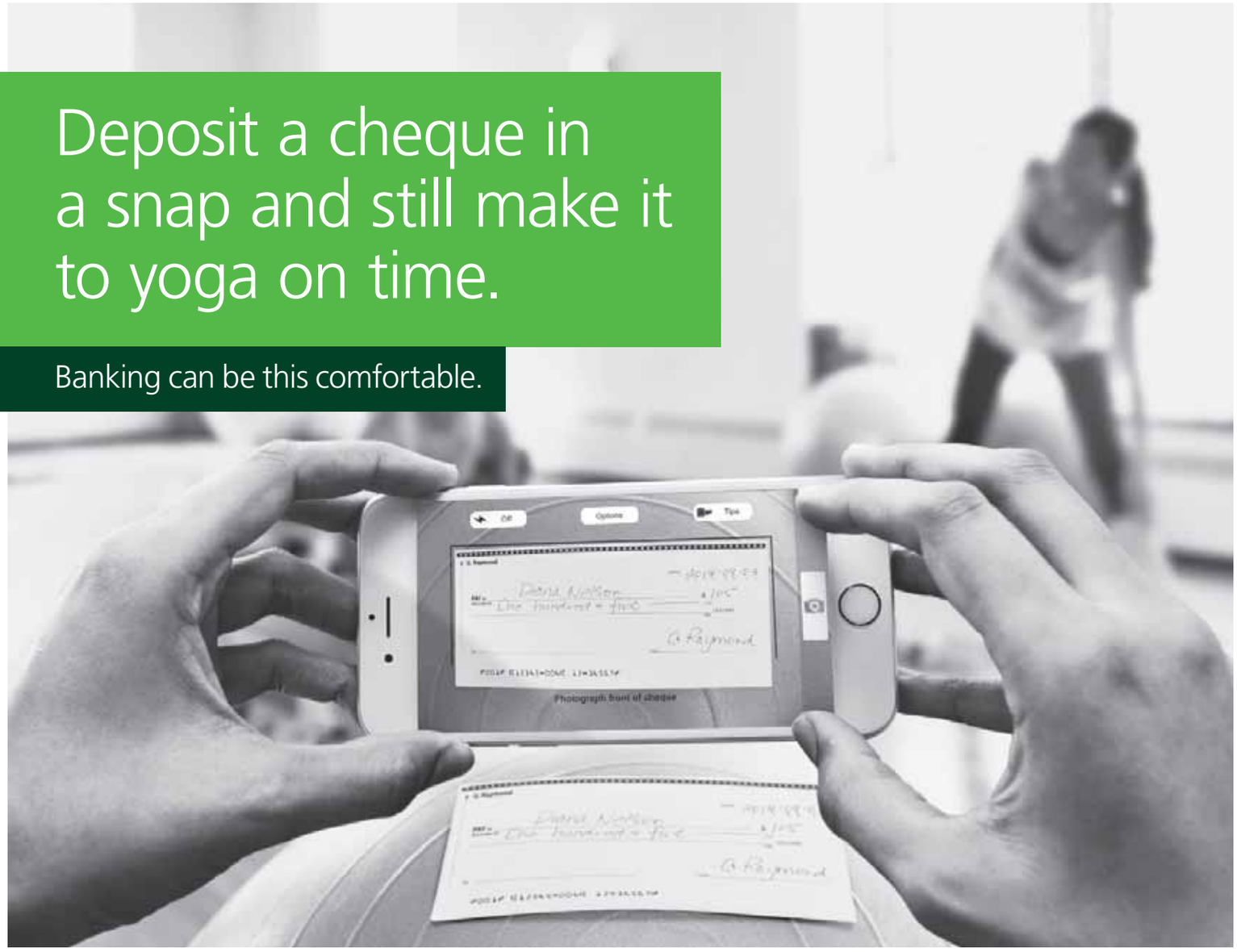

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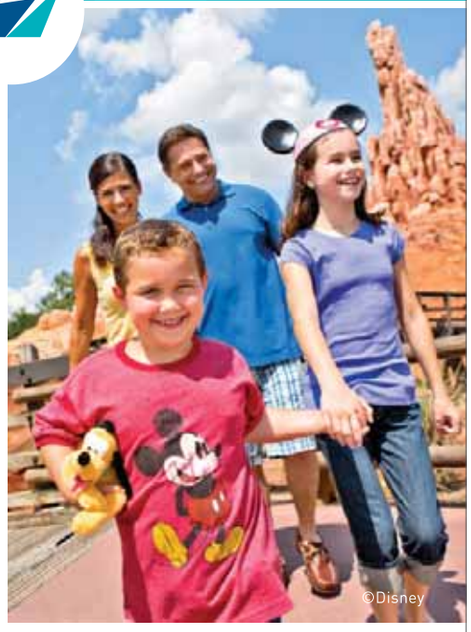

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Busing challenge likely to grow in years ahead

Splice and dice. Drivers working multiple routes to keep pace with student growth this fall

JEREMY NOLAIS
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Sharon Whalley, left, Mike Stiles and Janice Goode with First Student Canada are among those tasked with shuttling kids around town, but it's no easy task with a surging student population and continued city sprawl. HELEN PIKE/METRO

This past summer, Calgary's two major yellow-bus providers and both the public and separate school boards teamed up to shoot a TV commercial appealing for drivers.

It was just one piece of a broader strategy to address the growing challenge of shuttling tens of thousands of students across an ever-expanding city, one that has, by most accounts, not seen school infrastructure keep up with suburban sprawl.

"We've had to get creative," said Mike Stiles, an assistant location and safety manager with busing group First Student Canada. "We've had drivers help out elsewhere when they're done their routes, splice and dice if you will — take a half a route and give it to somebody that can do it, and take the other half and give it to somebody else."

The magic number of drivers for First Student was 750 this fall — even now, in mid November, the provider is 22 employees short. They've offered signing bonuses and convened monthly meetings to discuss retention strategies. Still, convincing people in a booming economy to drive a bus is a challenge.

But families appear to have a part to play in the busing conundrum as well.

At the start of the school year, the Calgary Board of Education said it only had about 18,560 confirmed student transportation contracts, yet more than 24,000 learners were attempting to hitch rides to and from school.

"With almost a quarter of our riders returning contracts in the first month of school, it impacts our ability to plan and finalize bus routes," the organization said in an email. "Every new contract impacts a route."

The CBE said it annually undertakes a "major review" of bus routes in early October. By that time this fall, however, they'd been inundated with nearly 800 requests from parents to change a stop in their community, a jump from 600 the year prior.

Part of the concern was rooted in a new "congregated" approach to stops, one that attempts to cut transportation costs and adopt a service level similar to Calgary Transit. But parents feared their kids would be forced to trek kilometres in ankle-deep snow come the dead of winter.

"There's really nothing we can do; they've dug their heels in that this is their money-saving choice," said Ranchlands mother Veronica Crane.

She pulled her son off the bus because she believes the route on foot to the school is safer than the one to the bus stop. As it turns out, her youngster actually doesn't mind the exercise, but they've cut a deal that if the temperature dips below -15 C he'll catch a ride with mom.

Even still, Crane said she's scratching her head about the CBE's new approach.

"I still argue that getting rid of stops on an already existing route doesn't save any money, but you could argue until you're blue in the face about that, really," she said.

Stiles, meanwhile, said the busing battle is unlikely to slow in the years ahead, as the CBE projects student growth in excess of 3,000 additional students annually, and many of them will reside in new communities that have yet to see a school opened.

"We'll never stop recruiting, that's for sure.… We'll have to think even more outside the box or hope for a recession — but that's not going to happen anytime soon," Stiles said.

CAPSC carrying on without funding from school board

Members voted overwhelmingly in favour of keeping an education advocacy group running, even without financial support from Calgary's public school board.

The Calgary Association of Parents & School Councils (CAPSC) saw its funding stripped by Calgary Board of Education trustees Oct. 14 but vowed to carry on if it found support from its members.

On Wednesday, the CAPSC crew in attendance voted 432-20 in favour of keeping the organization afloat.

"It validates that there is definitely support among parents for this independent organization to continue to function and speak on their behalf," said President Karen Lloyd.

She said the primary goal in the short-term will be to build up the group's membership of independent parents.

"It will provide funding from the parents themselves, which means CAPSC isn't beholden to anyone … and we don't have to worry about somebody not being happy with what we're saying," Lloyd said.

Stripped

$7,000

CBE trustees said when making their decision to strip CAPSC of $7,000 in annual funding that it will now turn to the Council of School Councils for parent feedback.

The CBE trustees said when making their decision to strip CAPSC of $7,000 in annual funding that it will now turn to the Council of School Councils for parent feedback.

Critics have said, however, that group lacks a leadership structure and focuses more on school-by-school issues rather than those confronting the bulk of the education system.

JEREMY NOLAIS/METRO

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Gov't needs oversight: Smith

Alberta's Wildrose party says Premier Jim Prentice needs to make sweeping changes in upcoming accountability legislation to restore faith in government.

Opposition leader Danielle Smith says a specific ministry is needed to oversee government travel and hosting expenses.

Smith also says the government must remove barriers to freedom-of-information requests and deliver more power to independent officials such as the auditor general.

Prentice is expected in the coming days to table a bill to toughen up government accountability and end entitlements.

Prentice promised the legislation after scandals over lavish spending forced former premier Alison Redford from office.

THE CANADIAN PRESS

Promises

Prentice has already promised to sell the fleet of government airplanes that the auditor says was abused by Redford for personal jaunts.

Alberta Wildrose leader Danielle Smith. METRO FILE

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Canmore paraglider reaches for the stars

Trip of a lifetime. Two Canadians recognized as National Geographic's top adventurers this year

HELEN PIKE
helen.pike@metronews.ca

Sleeping on mountains, sailing through the skies for hours at a time and going where no glider has before. Two Canadians are being recognized among National Geographic's top adventurers of the year and soaring high at the honour of making the bill.

"We bit off an awful lot, and it worked," Will Gadd said. "I do a lot of adventure sports, I do a lot of ice climbing and kayaking, but for me this was the toughest trip I've ever done."

Gadd, from Canmore, started gliding over 20 years ago and hasn't looked down since. This summer he embarked on a flight never attempted with flying partner Gavin McClurg.

"We flew our paragliders through terrain that nobody's ever flown paragliders or hang gliders before," Gadd said. "In terms of just sheer adventure, it was something that (National Geographic's)panel of experts on outdoor adventure thought was fairly neat."

The 800-km journey took him to never-before-seen heights, from McBride, B.C., south to the U.S. border. Some days the pair would spend over eight hours in the air through rough weather and undertake technical landings and flights — including flying directly over Mount Robson, the highest peak in the Canadian Rockies, something that had never been done before.

"Anytime you go someplace nobody's been before it's always interesting because you don't know what you're going to get." Gadd said. "In all the things I do in sports, they are most interesting when I have an idea and then execute it well."

Kiss the sky

Notable facts about the trip:

- No one has flown paragliders as far as the famed adventurers before
- Nobody has ever flown near Mount Robson with a paraglider or hang glider before

Will Gadd has been paragliding for over 20 years but never on a trip quite like his endeavour last August. FACEBOOK

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This image, taken from Todd Standing's Bigfoot North documentary, is one of the clearest images he claims to have of a Bigfoot species living in a remote area of Alberta. COURTESY TODD STANDING

Bigfoot's claim to species protection

Todd Standing.
Alberta's Sasquatch researcher wants to petition U.S. Congress

JEREMY NOLAIS
jeremy.nolais@metronews.ca

He's trekked through the woods with Survivorman, claims to have engaged in a stare-down with some massive mammals and has faced skeptics around every corner.

But Alberta's highly controversial Bigfoot researcher is now primed for what may be his greatest challenge: taking on U.S. Congress.

"I'm tired of all the paranormal talk, I'm tired of all the naysayers — the species is real," said Todd Standing, head of the Sylvanic Group.

The species he's referring to would be classified generally as Bigfoot or Sasquatch. He claims there's a large group of them living in an undisclosed wooded area near Nordegg. Last year, Standing took TV's Survivorman Les Stroud into the area for a three-day walkabout, where the duo surveyed whole trees torn from their roots and heard strange whooping noises.

Stroud said in the eventual televised production of their trip that he couldn't articulate what he heard — at least "not within normal explanations."

Standing said his trek with Stroud, although it didn't produce an actual Bigfoot sighting, has left him with "so much credibility it's ridiculous."

"The truth is he (Stroud) was being skeptical and he knows damn well those were Sasquatch, like I do," Standing said.

He now believes there may be evidence to suggest the species lives in the U.S. as well and plans to pitch U.S. Congress on endangered species protection for Bigfoot.

And more

Film coming

Standing said he's started a Kickstarter campaign to fundraise for mass production of a documentary called Bigfoot North, that he said took a decade to shoot and features five never-before-seen videos of close encounters with the species. He will show 15 minutes of it at a theatre in Seattle next week.

His claims have no doubt stirred skepticism — and outright criticism — but he's now received support from a PhD with Idaho State University. Jeffrey Meldrum took a jaunt through the area near Nordegg with Standing last year.

"The footprint evidence for me is overwhelmingly compelling," he said.

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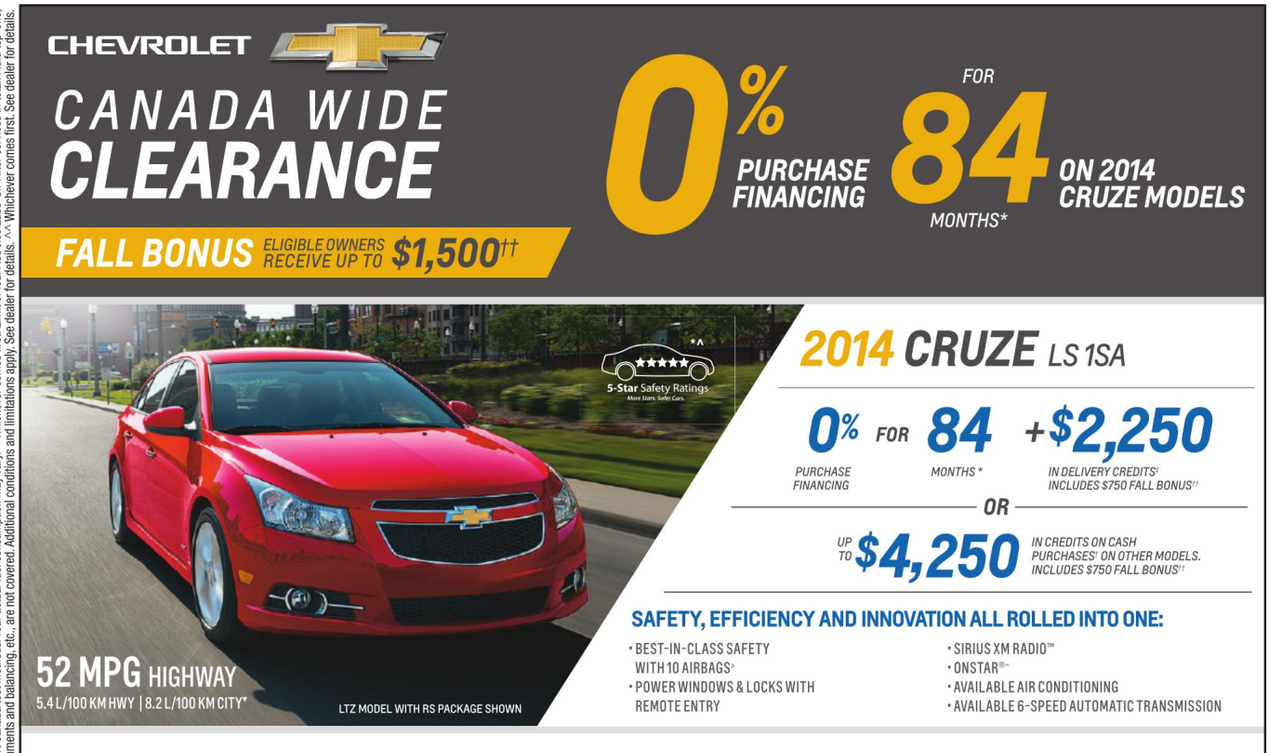
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Aneurysm survivor strikes forth to bowl for awareness

Bowling for Brains.
Veronica Heinen to mark 10-year anniversary of her brush with death by taking to the lanes to raise funds, teach signs

YASMIN JASWAL
calgary@metronews.ca

Veronica Heinen's living room is full of gift baskets that will be sold at a fundraiser to help raise money for the Neurovascular Research Fund. CANDICE WARD/FOR METRO

To celebrate 10 years of life after surviving a brain aneurysm, Veronica Heinen is hoping she and others will bowl their way to raising funds and awareness.

"I just thought it's a milestone and I wanted to give something back," Heinen said. "I just want everyone to be aware of the signs to look for."

Heinen recalled waiting for the bus on her way to work the morning of her aneurysm. She said she'd been having the worst headache of her life.

At first she didn't think much of it but then started to smell a foul scent — an odour no one else seemed to notice. Once she reached Brentwood Station, she asked the bus driver to call an ambulance, and she was transported to Foothills Medical Centre.

Doctors told her they believed she was having a brain aneurysm. Heinen said she immediately knew she was in serious trouble.

"It really scared the crap out of me, because I'd never heard that before," Heinen said.

After multiple CT scans and MRIs, surgery and a hospital stay of almost a month, Heinen was sent home to begin her recovery process. She said she was lucky because she didn't have many side effects or suffer permanent neurological damage.

Since then, she's been trying to spread the word about brain aneurysms and how to prevent them. She is also part of a brain aneurysm survivor support group at Foothills Medical Centre.

Leslie Zimmel, a registered nurse at Foothills, helped form the group. She described Heinen as a "very special person."

"Veronica stands out because she's a face for an aneurysm survivor," said Zimmel. "Everyone has an individual story, every aneurysm is different, but Veronica wanted to share her story to help other people save their life and raise awareness about brain aneurysms."

Heinen's fundraiser, Bowling for Brains, will be held on Thursday at Schanks North from 6 p.m. to 10 p.m. All money raised will go toward the Calgary Health Trust's Neurovascular Research Fund.

What's an aneurysm?

A brain aneurysm is a weak, bulging area of an artery that supplies the brain with blood. If the bulge is ruptured, blood can release into the space around the brain, leading to a stroke.

- According to Foothills nurse Leslie Zimmel, Calgary hospitals see between 80 to 100 ruptured aneurysms a year, and 40 per cent of these patients do not survive.
- Brain aneurysms are most common for people between the ages of 35 and 60 but can also occur in children. Usually, there are no warning signs.
- Anyone interested in getting involved with the brain aneurysm support group is asked to contact Leslie Zimmel or Michelle Gillies at 403-944-4550.

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Freestyling footballers come to town

Home-field advantage.
Calgary juggler hopes for good showing on his home pitch

CANDICE WARD
calgary@metronews.ca

As one of the few freestyle soccer athletes in Calgary, Kayden Abel is likely to take centre stage in a major competition being hosted in his own backyard.

On Nov. 29, Abel will compete against some of the best freestylers in North America when the 2014 North American Freestyle Soccer Championship comes to town.

Check it out

Tickets for the all-ages event are $15 and are available through the Calgary Minor Soccer Association. Visit calgaryminorsoccer.com.

Freestyle soccer combines creativity, imagination, rhythm and style while juggling the ball.

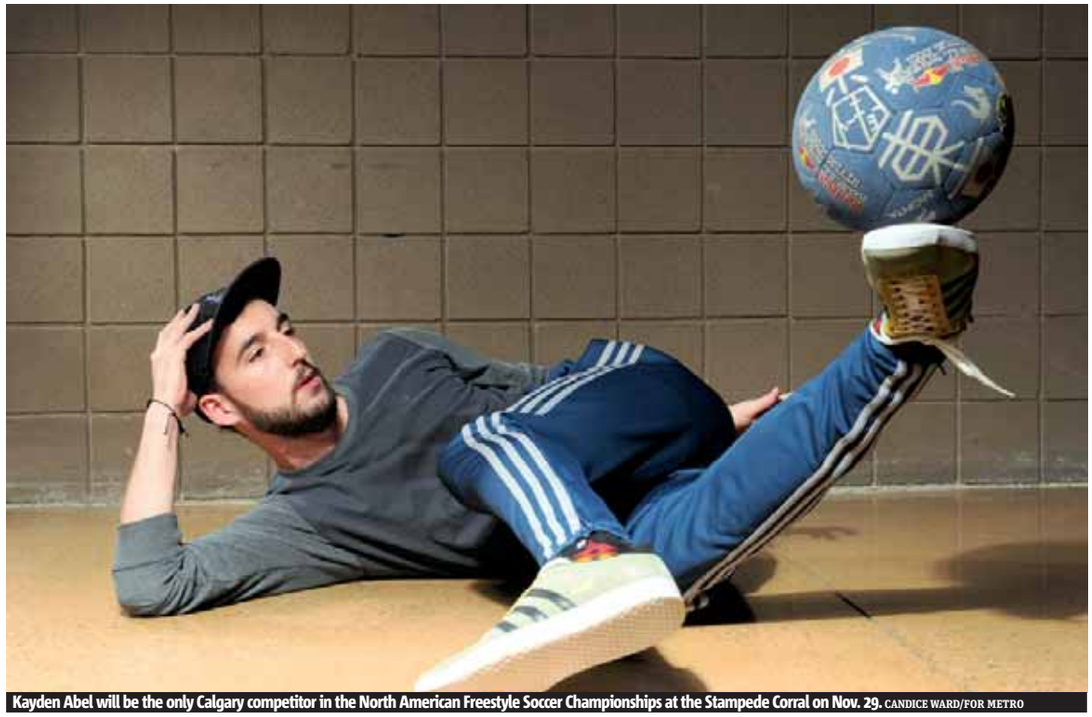
"I am actually just happy that a competition is in my hometown," Abel said. "In my opinion, I have already succeeded in bringing the sport here."

This event will pit the top athletes against each other in a three-minute battle, where they demonstrate some of the best freestyle moves in the world. It's being put on by the Freestyle Football Federation in partnership with the Calgary Minor Soccer Association.

"It is definitely going to be a spectacle," said Leslie Rowett, spokesperson for the Calgary Minor Soccer Association.

Abel had competed in last year's event in Ontario but failed to make the top 16, which is his goal for this year.

Soccer has been a part of Abel's life for the past 16 years, but he said it was the freestyle offering that gave him more confidence out on the soccer pitch — and in other endeavours.



Kayden Abel will be the only Calgary competitor in the North American Freestyle Soccer Championships at the Stampede Corral on Nov. 29. CANDICE WARD/FOR METRO

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Knifepoint holdups

Cops on lookout for suspect after businesses robbed

Calgary police are asking for public assistance in identifying and locating a man believed to be involved with multiple commercial robberies.

The Mac's convenience store on Crowfoot Circle NW, the Snax and Loonie store on Elbow Drive SW, the Adult Source store on 16 Avenue NW, and the 7-Eleven on Crowfoot Way NW were all robbed by a man with a knife in late October.

The suspect is described as a black man in his 20s, who stands six feet tall with a slim build and goatee. Anyone with information on the suspect's identity or location is asked to call police at 403-266-1234 or Crime Stoppers at 1-800-222-8477. METRO

A child's right to be a kid

Carnival, skating, swimming anchors citywide Play Day

Calgary Play Day, an event to celebrate and support children's right to play and also recognize the United Nations' Declaration of the Child and Convention on the Rights of the Child, will be held this Saturday at various locations around the city.

The event is being put on by the City of Calgary, the United Way and other community partners.

Some activities include a carnival at Connaught School and free swimming and skating for children 12 and under at city-operated recreation centres.

More information about Play Day can be found at calgary.ca. METRO

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Vagina Bug wrapped up shooting in August, and the crew are presently working on post-production. YASMIN JASWAL/FOR METRO

Transforming perspectives

Vagina Bug. Producers say short production gives both female, male points of view on life 'transformations'

Hollywood often creates movies where the lead character is not who the world expects him to be, and now a group of local filmmakers has created a piece that tells a similar story, but this time, it's coming from an average 20-something female's point of view.

Vagina Bug, a short film that came to life following a recurring dream that director Michelle Dyer was having, is about a woman who attends a perfect baby shower and struggles with her own identity and the unrealistic expectations on women today.

"Basically it's a lot about the pressures that women and men can relate to at these kinds of social events," Dyer said. "It's about the fears that we all have during various transformations in our life."

Shaun Crawford, who wrote the film's script and produced it, said the film gives a universal message from a female perspective, but this non-traditional point of view doesn't make the film harder for men to connect with.

"I think (the female) perspective has maybe something different or something new to say about (the message) but the idea itself is something I can absolutely relate to," Crawford said. "It seems like it's only for women, but we're saying that stories from women have something to offer everybody."

Vagina Bug is currently in post-production and requires some funding. Anyone interested in contributing to the project can visit indiegogo.com/projects/vagina-bug-post-production.

YASMIN JASWAL/FOR METRO

What's in a title?

For director Michelle Dyer, the title is an important aspect of the film.

- **Vehicle for empowerment.** She said vagina is often associated with negative, weak and derogatory connotations, but she believes the word should be one that is okay to say and is empowering.

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Fecal transplants offer treatment for chronic ailments

Incredible results — even after just one treatment — are taking the "ick factor" out of fecal transplants, changing patients' lives and offering hope for those with chronic gut diseases.

University of Alberta Hospital gastroenterologist and researcher Dina Kao is one of a handful of doctors across Canada and just two in Alberta testing fecal microbial transplants to treat patients sick with bacterial infections like C. difficile, which wipes out both the good and bad bacteria in the gut.

"We transplant fecal matter (made into a liquid solution in the lab) from young, healthy universal donors to a patient, replenishing the needed 'good' bacteria to the large intestine," said Kao. "You can see almost immediate changes — weight gain, returned energy — it's the most rewarding experience. And patients who are at their wits' end will try anything to feel better."

Susan Brothen became ill with C. difficile this summer, losing 30 pounds and unable to leave the house because of constant diarrhea. "The transplant gave me back my life.... The change was nearly immediate," said Brothen.

The same is true for cancer patient Alexandra Hildebrandt, who contracted C. difficile during chemotherapy. "I did a cleanse one day and swallowed 50 pills the next — by noon I felt fine," she said.

LUCY HAINES/FOR METRO IN EDMONTON

Susan Brothen received a transplant after she contracted C. difficile.
LUCY HAINES/FOR METRO IN EDMONTON

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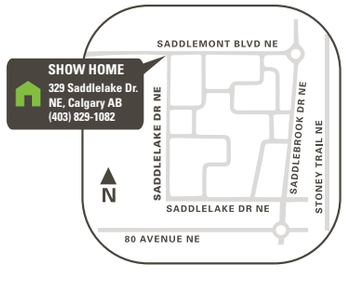

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Wildrose party staffer resigns

Controversial move. Ex-Wildrose communications vice-president alleges party members called LGBT community 'whiners'

After five years of standing by Alberta's Wildrose, a party member has resigned because he believes it's being controlled by a bigoted minority.

Terry Lo, vice-president of communications in Calgary-Glenmore, made the move after the party's annual general meeting, where members voted against adopting a statement of inclusion for people of all sexual orientations, races and religions.

"My belief was that because the lake of fire was so damning that (the party) really needed someone like me to speak out and try and bring the dialogue out and change the tone," Lo said, referring to a situation in the 2012 election campaign where party leader Danielle Smith refused to denounce homophobic remarks made in a blog post by one of her candidates.

Lo said he is everything the party lacks — an atheist, a surrogate father of a gay boy and an Asian man.

Before the byelection, Lo began talking to members at events, where he was faced with some hostile feedback about the "lake of fire" incident. He said at the Glenmore Inn election rally in October he talked to members who said the LGBT community were "uppity" and being "whiners."

Smith, meanwhile, told reporters at a Wednesday news conference that she'd read Lo's blog post.

"I called Terry and spoke with him and I appreciate his perspective," she said. "I'm disappointed obviously and hope we can take some actions over the coming weeks and months to earn back his support."

She added that every political party has a range of perspectives and, as the party grows, they will have to reassess the language they use to address these types of moral issues. Smith was also disappointed Lo perceived the change negatively. "I don't think that was how it was intended by the members who passed (the motion)."

Lo said he hopes the homophobic views are only held by a minority of members.

"Wildrose is right now being controlled by very loud, angry bigoted minorities, in my personal opinion, and that minority is controlling the narrative, and I refuse to be part of it," he said.

HELEN PIKE/METRO

Former Wildrose party member Terry Lo. CONTRIBUTED

Quoted

"I wouldn't have any sort of self-respect if I remained and tried to spread what I now believe is a false message."

Terry Lo, who resigned from his position with the Wildrose party

Student issues

Alberta students take lobby efforts to Parliament Hill

Alberta post-secondary leaders took to Parliament Hill on Wednesday to lobby the federal government for increased student support.

Representatives from MacEwan University and the University of Alberta joined members of the Canadian Alliance of Student Associations to represent more than 400,000 students across the country. Student Association of MacEwan Unviersity president Cam McCoy said one of his top priorities while in Ottawa was to advocate for student mental health.

"We want to make sure we're here and speaking about student issues across the provinces to ensure we're getting the quality of service we deserve," said McCoy.

LEAH HOLOIDAY/METRO IN EDMONTON

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Accountability. NDP ethics critic decries Tory 'secrecy'

The New Democrats are calling on the Conservatives to give the federal information czar the money she needs to do her job as the first step toward fixing a "broken system" of accountability.

In a letter to Treasury Board president Tony Clement, NDP ethics critic Charlie Angus accuses the government of starving the Access to Information system of cash, hiding documents for political reasons and backpedalling on promises to reform the 32-year-old access law.

The letter follows information commissioner Suzanne Legault's recent admission that her office can barely make ends meet — a cash squeeze she says threatens the rights of Canadians. The commissioner serves as an ombudsman for people who request federal records under the Access to Information Act, handling complaints about delays, fees, and problems obtaining documents from federal agencies.

In a recent interview, Clement called the access law "a good piece of legislation" — despite criticism from Legault, pro-democracy groups and opposition MPs that it allows too much information to be kept under wraps. THE CANADIAN PRESS

'Culture of secrecy'

"Starving the system of funds amidst a growing Conservative government culture of secrecy appears to be an effective method to deteriorate an individual's right to access information and thereby limit government accountability."

NDP ethics critic Charlie Angus in a letter to Treasury Board president Tony Clement

G20 summit. Senior cop's misconduct hearing starts

A senior police officer who ordered the arrests of hundreds during Toronto's G20 summit four years ago had no regard for their conduct or intentions when he issued his sweeping commands, a prosecution lawyer told the officer's disciplinary hearing on Wednesday.

Supt. Dave (Mark) Fenton has pleaded not guilty to a total of five charges of unlawful arrest and discreditable conduct stemming from two "kettling" incidents that occurred over the summit weekend.

The first took place on Saturday, June 26, 2010, hours after a small group of vandals smashed windows and set police cruisers alight. Fenton ordered officers to box in protesters in front of a downtown hotel. More than 260 people were arrested and taken to a makeshift prisoner processing centre, which came under severe criticism for its deplorable conditions.

The second incident occurred the next day when, six minutes after coming on shift, Fenton ordered police to keep scores of people standing for hours at a downtown intersection despite a severe thunderstorm that left them drenched.

Prosecution lawyer Brendan van Niejenhuis argued that at the heart of the hearing is one "ultimate question" that must be addressed.

"Were the arrests lawful and necessary, and did they constitute conduct that would lower the esteem of the Toronto Police Service in the eyes of the public," he told the hearing taking place at Toronto police headquarters.

THE CANADIAN PRESS

Former Bloc member

Mourani joins NDP, but not yet an MP

She may have signed an NDP membership card Wednesday, but former Bloc Québécois MP Maria Mourani will have to be re-elected as a New Democrat in 2015 before she can join the party's caucus. Mourani was cast into the role of an Independent MP after the Bloc kicked her out for criticizing the provincial government's proposed charter of values. THE CANADIAN PRESS

Advising space projects

Hadfield, Natynczyk named to new space board

Former astronaut Chris Hadfield is among those named by Industry Minister James Moore to a new board that will advise the government on space projects. The board also includes retired general Walt Natynczyk, deputy minister of Veterans Affairs and former president of the Canadian Space Agency.

THE CANADIAN PRESS

Michael Sona arrives at the Guelph courthouse for his sentencing on Wednesday after being found guilty of election fraud in the so-called robocalls scandal during the 2011 federal election. NATHAN DENETTE/THE CANADIAN PRESS

Ex-staffer in robocall scandal gets jail time

Nine-month sentence. Michael Sona will be first person to spend time behind bars for violating Canada Elections Act

Interfering with a citizen's right to vote merits real jail time, an Ontario judge declared Wednesday as he made Michael Sona the first person ever to spend time behind bars for violating the Canada Elections Act.

Sona, the former Conservative staffer convicted in the 2011 robocalls scandal, was sentenced to nine months behind bars and one year's probation for what Justice Gary Hearn called "an affront to the electoral process."

He's the first person convicted of wilfully preventing or endeavouring to prevent an elector from voting under the Canada Elections Act, said Hearn, adding that he believes Sona did not act alone in the scheme, in which some 6,700 automated phone calls were placed the morning of the 2011 federal election with misleading information on how to vote.

Sona was 22 at the time, lacked proper guidance from more experienced colleagues, and has suffered emotionally in the aftermath, Hearn noted. But jail time was nonetheless warranted in order to send the unmistakable message that messing with the electoral process is a serious crime, he said.

"This was a federal election undertaken to elect representatives who form the governing body in our nation," Hearn told the court. "This was not an amateurish Grade 8 election campaign for student council. Conduct such as that of Mr. Sona is not suitable at any time."

Sona hung his head and fiddled with his BlackBerry, his family members beside him in tears, as Hearn delivered his fate. Sona's lawyer, Norm Boxall, said his client would be transferred to an unspecified provincial jail. He said a decision has not yet been made whether to file an appeal.

Boxall said Sona would likely consult with another lawyer to determine whether an appeal is appropriate. He could then seek a release from jail pending his appeal. Should he decide not to appeal, he could be eligible to apply for parole after three months, Boxall said.

THE CANADIAN PRESS

Mulcair defends female MPs' silence

Two female New Democrat MPs alleging misconduct at the hands of two of their Liberal counterparts shouldn't be pushed to lodge formal complaints, no matter how serious their allegations might be, their leader says.

It is up to the two women to decide when and if they want to participate in any sort of investigative process, NDP Leader Tom Mulcair said Wednesday.

Mulcair's continued defence of the women's refusal to participate came after The Canadian Press revealed that NDP MP Craig Scott, a former law professor, told the Liberals that one of the misconduct incidents — as it was described to him — amounted to an allegation of sexual assault.

Multiple sources say Scott issued that assessment during a behind-the-scenes meeting on Oct. 30 with the Liberal and NDP whips, to which he had accompanied one of the alleged victims.

THE CANADIAN PRESS

'Personal misconduct' allegations

MPs' futures still unclear

Newfoundland MP Scott Andrews says he will run in the next federal election, but whether he will be allowed to run as Liberals depends on the outcome of an investigation that may never happen.

The future is anything but clear for Andrews, his fellow newly Independent MP Massimo Pacetti and the two unidentified female NDP MPs who leveled allegations of "personal misconduct" against them, which sources say were sexual in nature.

TORSTAR NEWS SERVICE

FAMILY FUN GUIDE

BY STEVEN CURSON

Where to go, what to do and how to get there. Here are this week's activity listings

CITY OF CALGARY

GET SOAKED AT SOUTHLAND

Take a mini-vacation and hit the centre's water park with its tropical vibe, awesome wave pool, and slides. Drop-in times vary. At 2000 Southland Dr. S.W. Call for admission fees, (403) 648-6555. For more, go to calgary.ca/CSPS/Recreation/Pages/Leisure-centres/Southland.aspx.

CITY OF CALGARY

GO GREEN AT DEVONIAN GARDENS

Located atop the Core Shopping Centre downtown, Calgary's only indoor public park is a tropical oasis with a kid's playground, water fountains, fish ponds, trees, shrubs and seating. Open mall shopping hours. Free. For more, visit calgary.ca/CSPS/Parks/Pages/Locations/Downtown-parks/Devonian-Gardens.aspx.

STEVEN CURSON

GLENBOW MUSEUM GETS HANDS-ON

There's always something going on at Calgary's downtown museum and art gallery. The museum's ARC Discovery Room lets visitors of any age enjoy hands-on activities. Hours vary. Call (403) 268-4100 or go to glenbow.org for more.

STEVEN CURSON

'OLD-TIMEY' CHRISTMAS AT HERITAGE PARK

Enjoy wagon rides, carols and more as the park's historical family homes open their doors to share Yuletide traditions and the magic of Christmas. Weekends from Nov. 22 to Dec. 21, from 9:30 a.m.-4 p.m. For more, visit heritagepark.ca.

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CALGARY ZOO LIGHTS UP

The zoo you know and love... only lit up like a Christmas tree with 1.5 million bulbs and featuring fire pits, ice carvings, caroling singers and more. From Nov. 21 to Jan. 3, 6 p.m.-9 p.m. (except Dec. 25 and 31). Kids two and under free. Visit calgaryzoo.com for more.

STEVEN CURSON

UN-HIBERNATE AT FISH CREEK

Bears hibernate. People don't. Bundle up and get outside! Fish Creek Provincial Park in the deep southeast has many kilometres of walking trails. You can always warm up at the Bow Valley Ranch Visitor Centre. Hours vary. Free. Go to albertaparks.ca/fish-creek/information-facilities/maps-directions.aspx for more.

"Someday I'd like to play on Team Canada." – *Madison, age 8*

Every kid has a someday. It may be something fantastical like flying to the moon, something practical like following their dad into construction or something we all can relate to like wanting to be surrounded by love. No matter what it is, we want to give them the support they need to get there. That's why we're pledging $100 million over five years to help over a million children do just that. Let's make every kid's someday™ happen.

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Jerusalem. Israeli troops demolish attacker's home

The east Jerusalem home of a Palestinian who carried out a deadly attack last month was demolished Wednesday, hours after Prime Minister Benjamin Netanyahu promised strict security measures in the wake of a grisly synagogue assault.

Tuesday's synagogue attack, which left five people dead, was the deadliest in Jerusalem since 2008 and came amid weeks of violence linked to the city's holiest site for Jews and Muslims.

The home destroyed in the Silwan neighbourhood near the Old City belonged to Abdel Rahman al-Shaludi, who killed two people last month when he drove his car into a crowd at a light-rail stop in Jerusalem.

Israeli troops blasted the interior of the third-floor apartment located in a four-storey apartment building, leaving piles of cinder blocks and holes in the exterior walls. The blast caused minor damage to neighbouring apartments and flattened a car parked below.

In recent weeks, Palestinian attackers using guns, knives and vehicles have killed 11 people — most in Jerusalem, but also in Tel Aviv and the West Bank. At least five Palestinians involved in the attacks were killed.

On Tuesday, two Palestinian cousins wielding meat cleavers, knives and a handgun stormed a synagogue in the west Jerusalem neighbourhood of Har Nof, killing four worshippers and a policeman. The two assailants were shot to death by police.

Responding to Tuesday's attack, Netanyahu said he had ordered security forces to hit back hard at Palestinians involved in violence against Israelis and to resume the policy of home demolitions, a punitive tactic that has caused much controversy.

THE ASSOCIATED PRESS

Doctor accused

Egypt to see verdict in first FGM trial

Raslan Fadl, the first doctor in Egypt to be put on trial for committing female genital mutilation, is still practising even though a 13-year-old girl died after he performed the procedure. And in this Nile Delta Village, he has plenty of patients.

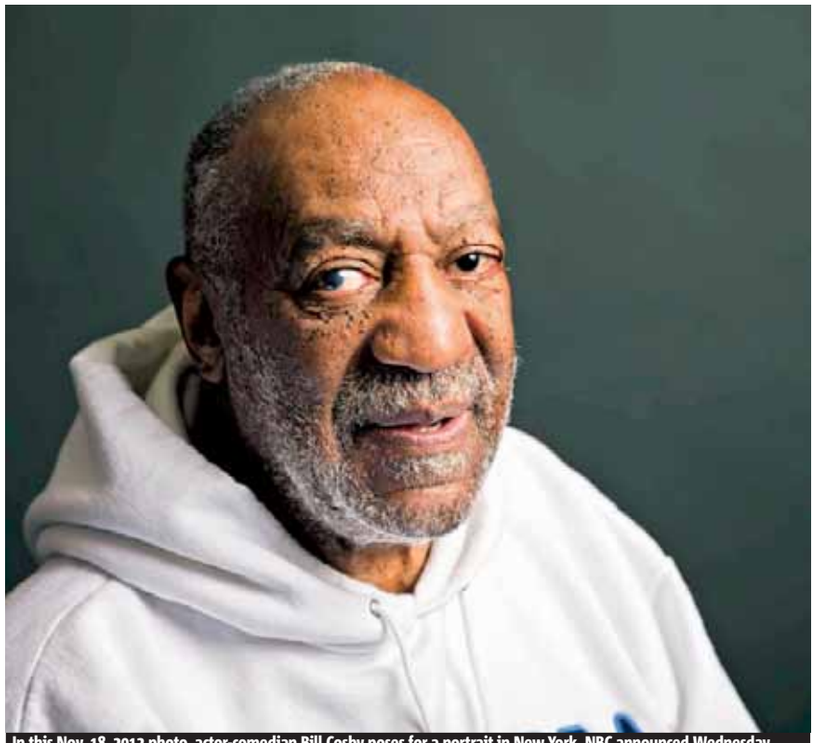
Young girls and their families on a recent day sat in his waiting room, where the bright yellow walls are decorated with Winnie the Pooh pictures, in the same building where Soheir el-Batea came for her operation last year. Residents call him a well-respected figure in the community, known for his charity work.

Fadl's continued popularity demonstrates the challenges to curbing the practice in Egypt, where more than 90 per cent of women are estimated to have undergone it — one of the highest rates in the world. Female genital cutting was criminalized in 2008, and the most important Sunni Muslim religious authority has declared it dangerous and without any religious justification.

A verdict is expected Thursday in Fadl's trial, and if convicted he could face up to two years in prison. Rights advocates say the outcome of this case could set a key precedent for deterring doctors and families in the future. THE ASSOCIATED PRESS

NBC says Cosby project is no longer in development

New assault allegations emerge. Netflix also postponing premiere of new Cosby comedy special



In this Nov. 18, 2013 photo, actor-comedian Bill Cosby poses for a portrait in New York. NBC announced Wednesday that it has cancelled plans for a family comedy starring Bill Cosby. VICTORIA WILL/INVISION/THE ASSOCIATED PRESS FILE

NBC says it has scrapped a Bill Cosby comedy that was under development, the second outlet within a day to put off or abandon a Cosby project after another sexual-assault allegation against the comic emerged.

NBC spokeswoman Rebecca Marks said Wednesday the project "is no longer under development" and had no further comment.

Netflix announced late Tuesday that it was postponing the Nov. 27 premiere of a new Cosby stand-up comedy special, giving no hint about whether it will ever be aired.

Hours earlier in an interview with Entertainment Tonight, actress Janice Dickinson became the third woman in recent weeks to allege she'd been assaulted by Cosby — charges strongly denied by the comedian's lawyer.

Dickinson told Entertainment Tonight that Cosby had given her red wine and a pill when they were together in a Lake Tahoe, Calif., hotel room in 1982. When she woke up the next morning, "I wasn't wearing my pyjamas and I remembered before I passed out I had been sexually assaulted by this man."

Cosby's lawyer, Martin Singer, said in a letter to The Associated Press that Dickinson's charges were "false and outlandish" and were contradicted by Dickinson herself in a published autobiography. Cosby's spokesman, David Brokaw, has not returned calls for comment.

The spiraling scandal has threatened the 77-year-old comedian's reputation as America's TV dad at a time when he was launching a comeback. He has at least 35 performances scheduled throughout the U.S. and Canada through May of 2015. None of the performances has been cancelled.

At one of the venues, the Sandusky State Theater in Sandusky, Ohio, there's been no negative feedback, said David L. Taylor, the site's executive director. There's been one query from the community about whether the scheduled Jan. 30 performance is still on.

"If the show were to cancel, everybody would obviously get full refunds," Taylor said.

THE ASSOCIATED PRESS

Quoted

"I'm doing this because it's the right thing to do and this happened to me and this is a true story."

Actress and model Janice Dickinson, who on Tuesday became the third woman in recent weeks to allege she'd been assaulted by Cosby

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CALGARY SOUTH EAST PROGRESSIVE CONSERVATIVE ASSOCIATION NOTICE OF ANNUAL GENERAL MEETING

Saturday December 6, 2014 10 am-12 pm
Cranston Century Hall 11 Cranarch Road SE

The CALGARY SOUTH EAST PC Association is seeking individuals interested in becoming board members to be part of the constituency association. The AGM notice period will commence today, November 20, 2014. The AGM will be held from 10 am to 12 pm on December 6, 2014 at Cranston Century Hall, located at 11 Cranarch Road SE, Calgary. The purpose of the meeting will be to elect the board of directors and approve the constitution. Attendees are required to have a valid 2014 PCAA membership card, which can be obtained online at www.pcalberta.org.

The boundaries of CALGARY SOUTH EAST are east of Spruce Meadows Way SW, north of 210 Ave SW, east of Sheriff King St S, north of 226 Ave SE, west of Deerfoot Tr SE, north of Bow river, west of city limit, south of 114 Ave SE, east of 52 St SE, south of 22x; includes the communities of Silverado, Lake Chaparral, Cranston, Seton, Auburn Bay, Mahogany, Copperfield, New Brighton.

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Ferguson-area residents on gun-buying spree

Gun dealer Steven King, left, fills out paperwork before selling a handgun to first-time gun owner Dave Benne at Metro Shooting Supplies in Bridgeton, Mo. King said that in recent weeks he's sold two to three times more weapons than normal — about 30 to 50 guns each day — as fearful residents await a grand jury's decision on whether to indict Darren Wilson, the white Ferguson police officer who fatally shot Michael Brown, who was black and unarmed. The incident sparked weeks of violent protests in August. JEFF ROBERSON/THE ASSOCIATED PRESS

Ukraine solution still far off: Envoy

Shuttle diplomacy. German foreign minister meets with Putin for unscheduled talks on Ukraine crisis

After meeting with Russia's president, Germany's foreign minister said that a de-escalation of the conflict in Ukraine appears far off and reinforced calls for a demarcation line between rebel and government forces in eastern Ukraine to be made a priority.

Foreign Minister Frank-Walter Steinmeier met for more than an hour late Tuesday with President Vladimir Putin during a visit to Moscow, hours after meeting the Ukrainian leadership in Kyiv. The invitation to the Kremlin came at the last minute, adding to a previously scheduled meeting with Russian Foreign Minister Sergey Lavrov.

"We are, as things stand, unfortunately still a long way from a sustainable de-escalation of the conflict and even further from a political solution," Steinmeier told reporters in Berlin.

Steinmeier said he used the opportunity in Moscow to set out priorities in implementing the much-violated ceasefire agreement signed in Minsk in September and to say "where Russia can make its contribution."

He said little about how his meeting with Putin went, but Steinmeier's spokesman, Martin Schaefer, said "the atmosphere of the talks was serious and frank."

As long as there is no agreement on a "line of engagement" between the two sides in eastern Ukraine, "we will not make any progress on other questions that are also part of the Minsk agreement," Steinmeier said.

He said he made clear that the situation on the ground needs to be addressed to avoid further escalation.

Putin's meeting with Steinmeier follows a lengthy encounter with Chancellor Angela Merkel at the Group of 20 summit in Australia over the weekend.

THE ASSOCIATED PRESS

Funding frozen

Russia's foreign policy chief on Wednesday claimed that Ukraine's decision to freeze budget payments to the eastern rebel-held territories could be a precursor to a military onslaught. Ukrainian officials announced earlier this month that they will freeze the $2.6 billion US in state support to the areas now in rebel hands, which could further worsen the deplorable economic situation there.

Raid on ashram

Standoff ends as police arrest guru in northern India

Police on Wednesday arrested a controversial religious leader at his sprawling ashram in northern India, ending a days-long standoff in which six people died and hundreds were injured.

The 63-year-old Sant Rampal was taken away in an ambulance. He is to appear before a court Friday. The self-styled guru is wanted for questioning in a 2006 murder case but has repeatedly ignored orders to appear in court.

Riot police tried to storm the ashram on Tuesday, but Rampal's followers, some of them using guns, rocks and batons, fought them off.

On Wednesday, the guru's followers handed over to police the bodies of four women who apparently died inside the complex.

THE ASSOCIATED PRESS

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Digging up gifts for Fido

A dog wearing two GoPro cameras, one on his back and one on his chest held on by what is known as a Fetch dog harness, digs into the sand. GoPro Inc.'s Fetch dog harness fits over your dog's chest or back and holds the small, waterproof camera known for attaching to helmets, surfboards, cars and wrists to film rugged adventures. Sony, Garmin and Kurgo also make camera mounts for dogs. The device is among a legion of gifts that retailers have rounded up for pet wish lists this year. Other hot items for Fido include: ugly sweaters for pets at PetSmart, Petco's line of Star Wars toys and clothing for dogs as well as gourmet soup dubbed Winter Warmers Broths by Honest Kitchen.

GOPRO/THE ASSOCIATED PRESS

Market Minute

DOLLAR
88.10¢
(-0.40¢)

Natural gas: $4.41 US (+$0.14)
Dow Jones: 17,685.73 (-2.09)

TSX
14,980.15 (+7.18)

OIL
$74.58 US (-$0.03)

GOLD
$1,193.90 US (-$3.20)

Double-double trouble?

Your Timmies is about to cost more

Tim Hortons plans to raise prices for both coffee and breakfast sandwiches next Wednesday. A cup of coffee will go up by 10 cents, on average. THE CANADIAN PRESS

Canadians not sold on paying with phone

Report. Only about 21% of us have made a mobile payment in the past six months, a new poll finds

Hype for mobile payments is growing, but Canadians generally aren't very eager to pay for purchases with their smartphones, suggests a new report.

Canadians are still apprehensive about using their phone in lieu of cash, debit or credit cards, according to a study by global research company GfK, which conducted online surveys with consumers in 17 countries.

Although Canadians have developed a reputation for being keen early adopters of technology, they were found to be among the least interested in mobile payments.

Security fears are a factor, says Stephen Popiel, vice-president of consulting for GfK Canada. Canadians may also be lukewarm on mobile payments since they already have plenty of ways to pay in stores.

"The ATM infrastructure is huge and profound in Canada, even when compared with the United States, so the mobile technology itself is partly a solution for a problem that's not as big of an issue here. We have a seamless ATM and debit card structure here, and now the tap technology makes it fast and easy to make a lot of small purchases," says Popiel.

"Now we have to train ourselves: don't use the wallet, pull out my phone, make sure the app is open. We have to get to a position where this technology is as seamless and easy to use as what we've been using for the past 15 to 20 years."

GfK estimates only about two per cent of transactions in Canada are currently made with a mobile device, either in store or while online shopping at home.

About 21 per cent of the 1,000 Canadians polled by GfK said they had made a mobile payment in the past six months, compared to 24 per cent of western European respondents, 33 per cent of American respondents and 39 per cent of Latin American respondents.

Mobile payments were seen to be far more popular in Asia, with 83 per cent of Chinese respondents and 62 per cent of Korean respondents saying they had used a mobile device for a purchase recently.

Of the Canadians polled, about one in three agreed with the statement "mobile payment is more of a gimmick today than a major way I pay," and four in 10 thought "mobile payment technology is still clunky."

Just over half said they were concerned about the security of mobile payments and putting their personal information at risk. THE CANADIAN PRESS

Gift cards

While Starbucks customers are frequently seen using their phones to pay for coffees, and Tim Hortons also accepts mobile payments, those apps are linked to gift cards rather than bank accounts and are less of a security concern, notes Stephen Popiel, vice-president of consulting for GfK Canada.

- "There's still a large percentage of the population who are worried about privacy, worried about information disclosure, and what's the worst that's going to happen with their TimmyMe app? They're going to know I like a double-double? And I run the risk of losing $50 of coffee money," he says. "The concern for many people is if my entire bank account is linked to this system, that's where security breaches are more profound."

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VOICES

SEX, LIES AND CELEBRITY

Bill Cosby. Jian Ghomeshi. Woody Allen. Famous for being entertainers but now household names for more sinister reasons. With a growing list of women accusing celebrities of sexual assault, are survivors of abuse turning to social media — and the court of public opinion — to get the conviction that may not be found through the courts?

EMINA GAMULIN
Metro in Toronto

While they probably still whisper among themselves, the people that defend Jian Ghomeshi have largely shut up. The disgraced radio host may never be charged, but in the court of public opinion, the matter is settled.

In this case at least, the collective stance seems to be doing for victims what the criminal courts can't. Innocent until proven guilty beyond a reasonable doubt is an exceedingly high burden of proof in cases where the legality of the activity boils down to consent, which is almost impossible to "prove" either way.

But while we rightly laud victims who tell their stories publicly, the public-opinion court can also be a fickle one that attacks as much as it defends.

Karlene Moore, a counsellor, advocate and activist for the Toronto Rape Crisis Centre, has been working with survivors for more than 20 years. She wouldn't say definitively that the justice system is irrevocably broken but she spoke of how "disheartening" it is.

"I think a lot of survivors and activists are so frustrated in the legal justice system that they have no interest in it at all," Moore said.

She said one difference between the Ghomeshi case and other high-profile ones in the past (like those of Woody Allen and Roman Polanski) is that the allegations being adjudicated in the court of public opinion involve more than just one person.

In addition to Ghomeshi, the federal Liberal party has suspended two MPs after accusations of misconduct from fellow MPs, and Bill Cosby is under attack for horrifying stories that he drugged and raped women. Even feminist du jour Lena Dunham is getting flack online over passages in her recent memoir that contain disturbing details about her relationship with her sister growing up.

The reality is that these famous figures were not random evildoers; they were dates, friends, family members, coworkers and, in some cases, sexual partners. A question is raised: will the court of public opinion be as generous to women in less high-profile cases?

Moore says that although it's "fantastic" that some survivors are breaking their silence online, "the concerns that we have about disclosure and speaking up online about their experience is that social media can be very isolating.

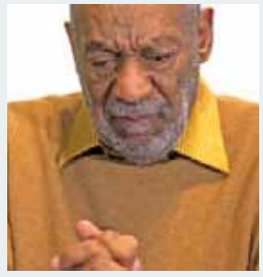
"What they're getting back is not a uniform, supportive response, and they are getting back surprisingly negative and unsupportive responses from some people in their community."

And of course there will be cases where the public court attacks an innocent person and damage ensues, as was the case with musician Conor Oberst, who was accused in the comments section of the xoJane website of raping a woman when she was a star-struck teen. She later took back the story but not before considerable damage was done to his reputation, at least in the short term.

The uncomfortable truth seems to be that while, yes, police and courts can do better for victims, and I do believe, perhaps naively, that we *will* now do better for the people who bravely open their mouths to tell us things we don't want to believe, justice for victims and punishments for perps will probably never be properly doled out in the real courts. The alternate door of vigilante social-media justice has opened, and there's no turning back.

Let's all keep talking, without waiting for the next horror story to spur the discussion on.

High-profile entertainers publicly accused of sexual assault:



BILL COSBY

Former model Janice Dickinson has added her name to more than a dozen women who claim to have been drugged and sexually assaulted by Bill Cosby, citing an alleged incident in 1982. In response, NBC has shelved a planned Bill Cosby comedy, the second outlet to do so.

JIAN GHOMESHI

At least nine women and one man have come forward to accuse former radio host Jian Ghomeshi of sexual assault or harassment. The CBC fired Ghomeshi as host of its popular program Q last month.

WOODY ALLEN

Woody Allen's adopted daughter Dylan Farrow published a letter on the New York Times website in early 2014, alleging again that Allen molested her when she was a child. Police had investigated the claim years earlier but said they found no evidence of assault.

ROMAN POLANSKI

Director Roman Polanski was arrested in 1977 for sexually assaulting a pre-teen model. Even though he pleaded guilty to rape, much of Hollywood came to his defence. Polanski fled to France before being sentenced and has never been extradited.

LENA DUNHAM

Actress and writer Lena Dunham took to Twitter in outrage after being accused of sexually assaulting her sister as a child. The allegations came after the release of Dunham's memoir, in which she describes looking inside her infant sister's vagina.

CONOR OBERST

Indie rocker Conor Oberst (of Bright Eyes fame) filed libel charges in 2013 against a North Carolina woman who took to online magazine xoJane, accusing him of rape. Joanie Faircloth later recanted, and Oberst eventually dropped his lawsuit.

metro AR

SEE THE NEWS COME ALIVE

In this issue, you can find AR enhancements on page 45 in Sports.

To see these pages spring to life, download or update the Metro News app and follow these three easy steps:

1. Open the Metro News app on your smartphone or tablet device. Click the AR icon in the top right corner.

2. Hold your device over any image that has the AR logo near it. Wait for the green scan bar to read the image!

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metro

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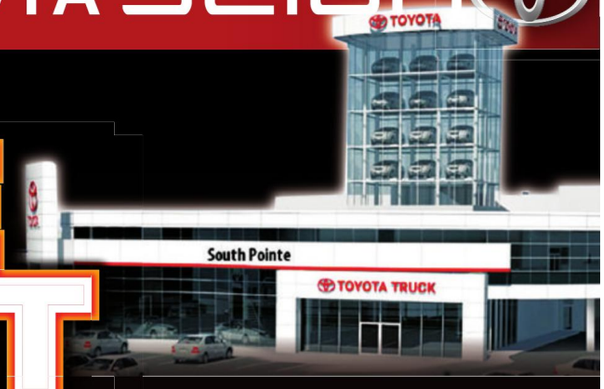

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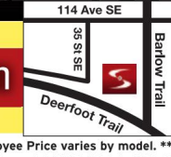

* Prices include all taxes & fees & are plus GST only. All offers have conditions & vary by model. One offer per customer. Upgrade Your Ride is subject to trade values and lien amounts outstanding on trade-ins - no guarantees. Employee Price varies by model. **64 monts lease terms. 24,000 km/yr allowance. Taxes & options extra. 1st payment reqd. Payments are semi-monthly. Upgrade your Ride depends on trade value & lien amount on trade-in. Payments will vary depending on this criteria. Corolla model BURLEC-AA, APR 2.49% LEV. $8541.31. Camry model BIFIFLT-AA, APR 3.99%, LEV $10,406.43. Venza model BA38BT-AA, APR 2.99%, LEV $11,680.90. Rav4 model BFREVT-AL, APR 2.99%, LEV $12,203.80. Tacoma model MU4FNA-AA, APR 4.99%, LEV $14,837.30. Tundra model UY5FIT-AA, APR $2.99%, LEV $14,712.75.

SHOPPERS DRUG MART
SEE WHAT'S NEW... CHECK OUT OUR LATEST OFFER ON PAGE 28

Kingston rockers The Glorious Sons are now counting on rock 'n' roll to pay the bills. They open for The Trews on Friday night at Flames Central. JESSE BAUMUNG

So you want to be musicians? Quit your jobs and hit the road

The Glorious Sons. After winning a band-search contest, Kingston rockers tour with The Trews to promote debut album

BACKSTAGE PASS
Lisa Wilton
calgary@metronews.ca

It's been a year of big changes for Canadian rockers The Glorious Sons.

The Kingston, Ont., five-piece band has gone from playing small, regional bar gigs to opening for their musical heroes, The Trews, on that band's current cross-Canada tour.

"We used to be 9-to-5 working guys," says lead guitarist, Jay Emmons. "None of us have jobs anymore. We're playing rock 'n' roll now to stay afloat. We've had to make some sacrifices, but they've been worth it."

Those sacrifices include giving up the general contracting business Emmons owned and the steady paycheque it provided.

But he isn't complaining. The 29-year-old says he's happy being on the road to promote the band's debut full-length album, The Union, released in September.

A handful of songs on the new record appeared on the band's 2013 demo CD, Shapeless Art, but Emmons says The Union better represents The Glorious Sons' improved musicianship.

"We've matured a lot as musicians and as a band," he says. "Constant touring and practising over the course of the past year has helped us develop a lot more skill and get better. We're a lot tighter."

The straightforward, blues-tinged modern rock singles Mama and Heavy have been getting decent radio play across the country. But the band's buzz has been building since The Glorious Sons won a southern Ontario band-search contest early last year.

One of the judges was Trews' singer John-Angus MacDonald, who was so impressed with the young band that he offered to work with them.

"It was surreal and pretty wild," Emmons says. "There were a lot of nerves that night, but we ended playing a really good show, and John-A offered to produce our record.

"I've been a Trews fan for a long time," he adds. "I remember, from about 18 to 24, they were my favourite band on the planet, so it's pretty awesome to get the chance to go out on the road with them."

If you go

- **The Glorious Sons.** The band formed 3-1/2 years ago as a quartet — guitarists Jay Emmons and Andrew Young, bassist Chris Huot and drummer Adam Paquette. Emmons' younger brother, Brett, later took over the singing duties.
- **Opening act.** The band opens for The Trews on Friday at 8 p.m. at Flames Central.
- **Tickets.** $29.50 (plus $9.25 in fees) through Ticketmaster.

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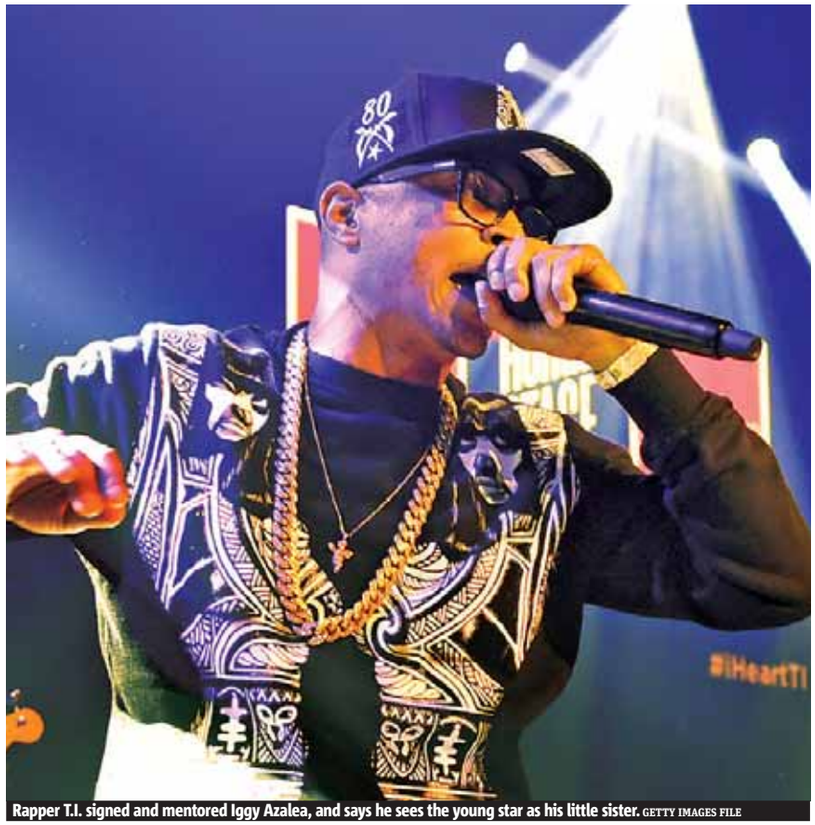
T.I.'s advice to Iggy: Count your money

Music. Rapper has lots of hard-won wisdom to share when it comes to dealing with adversity


Rapper T.I. signed and mentored Iggy Azalea, and says he sees the young star as his little sister. GETTY IMAGES FILE

It's still hours before T.I. will be flowing like silk onstage in Toronto, but the Atlanta rapper has already found a verbal momentum that seems impossible to interrupt.

Sipping a Heineken in his hotel room prior to a recent club show at the Guvernment (which was granted a cameo by admirer Drake), T.I. is discussing how protege Iggy Azalea has thrived and thus absorbed the scrutiny of ubiquity, both from peers (Nicki Minaj and Snoop Dogg) and beyond (the Internet).

Asked how he advises her to deal with such feedback, Tip gets on a roll.

"I'm going to be biased, because I see her as my little sister," he said of the Fancy rapper, whom he signed and mentored. "I just know that for that kind of upside, you have to have some sort of negativity stitched in there somewhere.

"And if opinions and criticism from people who have no real effect on your life, if that's all you got to deal with, then I think we have other more pertinent things to worry about." He pauses, for effect, then adds with a laugh: "Like, 'What we are going to do with all this money?'"

After the punchline his pace quickens, and he raps his fist on the coffee table to punctuate his points.

"I try to tell her like that, man. Whenever you don't like something somebody said, just ask yourself: 'What am I going to do with all this money?'

"I try to rationalize it to her like that. But little sis is little sis, and she has her views and opinions and approaches to things. I respect her and support her, man, just because I know she's a good person at heart. I know that she has done nothing to harm or disrespect or do anything bad to anyone intentionally."

He curses, drawing and drawling it out, then adds: "Obviously I know that anybody, if they was thrust into the position that she has been in such a short period of time, it takes time adjusting."

Quoted

"All the twists and turns and ups and downs and starts and stops, they've been a gift and a curse."

Rapper T.I., on the effect his legal issues have had on his musical career

And just like that, the T.I. train chugs back into the realm of his own experience.

Born Clifford Harris Jr., T.I. signed his first record deal as a teenager, released his debut album, I'm Serious, at age 21, and scored his first hit at 22 with the platinum-selling follow-up album Trap Muzik.

His velvet-plush flow smoothed the rougher edges of his street storytelling, and that talent for straddling grit and gloss only became more evident on the hit albums that followed. His latest album, Paperwork, is his ninth.

"It's crazy how old an artist can get," marvelled the rapper, 34. "That makes me seem so old."

Of course, T.I.'s high-flying career was often grounded by his tumultuous personal life.

As a teen, he dropped out of high school, sold drugs and tangled with the law. His legal issues didn't end there. He was arrested in 2007 and eventually served 11 months in an Arkansas prison on federal weapons charges.

Creatively, the sad saga inspired the introspective hit parade Paper Trail (written under house arrest), but it also dashed his once-considerable momentum.

"All the twists and turns and ups and downs and starts and stops, they've been a gift and a curse for me," he said. "You accept — or endure — the consequences that come with bad decisions."

"However it makes for a story that — I mean, I haven't seen one similar to it. Aside from maybe Tupac. But it's just been so much adversity riddling these 13 years. And I think every time you're in the low part of it — being downtrodden and everyone looking down on you — it inspires you in a very creative way."

The personal setbacks are perhaps more surprising when contrasted with a creative sensibility that leans toward risk-aversion. His career is all workmanlike consistency, his personal life plagued by tumult.

His creative dependability has helped him cleave serious industry influence, and increasingly he's recognized as a wizened elder of the genre.

At the show in Toronto, Drake emerged unannounced to provide both a three-song medley and the awed testimony of someone who has benefited from T.I.'s insight.

"I would not be where I am in my career without this man," Drake announced. "This guy gave me one of the most important talks of my life at one of the most important times in my life."

THE CANADIAN PRESS

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annerin productions
ENTERTAINMENT

Commuters pass by a statue of Paddington Bear at London's Paddington railway station. ALASTAIR GRANT/THE ASSOCIATED PRESS

Film. Oh, you naughty bear! Paddington movie runs afoul of British film censors over sexual innuendo

British film authorities have managed to find dangerous behaviour and sexual innuendo in a film about Paddington Bear — a development the bear's 88-year-old creator says leaves him "totally amazed."

The British film board gave Paddington a parental guidance rating, saying it contains "dangerous behaviour, mild threat, mild sex references and mild bad language." The rating means the film is suitable for general viewing, but some scenes may be unsuitable for children under eight.

The board said the film's scenes of dangerous behaviour include Paddington hiding inside a refrigerator.

Michael Bond, the author who created the much-beloved children's book character, has not yet seen the family film, which follows the adventures of the talking bear travelling from Peru to London in search of a new home.

Bond told Britain's Daily Mail that he couldn't imagine what the sex references are.

The film authority on Tuesday changed its guidance from "mild sex references" to "innuendo" after the movie's distributor objected. The description refers to a comic scene of flirtation involving a man played by British actor Hugh Bonneville, who cross-dresses as a cleaning lady.

Bonneville said it was "slightly odd" for the scene to be described as containing sexual content.

"(It was) frightening maybe, but not entirely sexual," he told the BBC on Wednesday. "I challenge any viewer ... who has been offended by the film to get in touch."

The movie is being released Nov. 28 in Britain and early next year in North America. THE ASSOCIATED PRESS

Television

Bachelor chooses April over Trisha, wedding in works

Tim Warmels is no longer a bachelor. The star of The Bachelor Canada picked 27-year-old April Brockman to be his bride on Tuesday's season finale.

The second season of the series began in September with 25 eligible bachelorettes vying for Warmels' heart.

By the finale, he had narrowed the field down to Brockman, a realtor from Wasaga Beach, Ont., and Trisha, a 28-year-old beauty queen from Edmonton.

After the show, the couple confirmed wedding plans are in the works. THE CANADIAN PRESS

Bachelor Canada's Tim Warmels and April Brockman ROGERS MEDIA

Choosing the program that's right for you is a big decision. That's why SAIT Polytechnic offers information sessions – your golden opportunity to discover your program options, ask questions and sometimes, tour our campus.

Our sessions are free and range in topic and timing. Details on all our sessions can be found on the events calendar at sait.ca.
Here are just a few we're offering this month:

WATER TREATMENT OPERATOR

Want to work in the oil sands operations? The Water Treatment Operator certificate prepares students for careers as operators responsible for providing guidance and support to SAGD (Steam Assisted Gravity Drainage) operations, including analyzing specifications and controlling continuous operation of the water plant units and equipment. This program is created in partnership with the Oil Sands Leadership Initiative (OSLI), a collaborative network of companies operating in the Canadian oil sands to improve the industry's responsible development of Alberta's bitumen resource. OSLI members include ConocoPhillips Canada, Nexen Inc., Statoil Canada, Suncor Energy Inc., Total E&P Canada Ltd., and Shell Canada.

Join us on Thursday, November 20 at 7:00 pm in Room KA335 in the Johnson-Cobbe Energy Centre.
Call 403.284.8451 or Email energy.mse@sait.ca to confirm your attendance or for more information.

INSTRUMENTATION ENGINEERING TECHNOLOGY

What's your measurement for success? In the Instrumentation Engineering Technology program you'll receive theoretical and practical training in the operation and maintenance of automated process control and measurement systems. Instrumentation Engineering Technologists apply knowledge and principles of pneumatic, electronic and microcomputer systems to measure and control pressure, flow, temperature level, chemical composition and other processes.

Join us on Thursday, November 20 at 7:00 pm in Room KA336 in the Johnson-Cobbe Energy Centre.
Call 403.284.8451 or Email energy.mse@sait.ca to confirm your attendance or for more information.

SAIT POLYTECHNIC

Television

Benicio del Toro to play Cortés on HBO for Scorsese

Acclaimed American director Martin Scorsese is about to ink his third contract with HBO, according to Deadline. He'll helm Cortés, a historical drama starring Benicio del Toro.

After Boardwalk Empire and his musical project with Mick Jagger, Scorsese will once again go back in time. This time he'll delve into the 16th century, when Spanish conquistadors fought to impose their rule on South America.

After Che Guevara and Pablo Escobar, Benicio del Toro will embody another Latin American historical figure: Hernán Cortés.

This Spanish conqueror played a key role in the colonization of Central America, sealing the fate of the Aztec civilization.

The drama will tackle Cortés' ambiguous legacy, as well as his rivalry with Aztec emperor Moctezuma II and his relationship with Malinche, a Mayan girl who helped him bring down the Aztec empire. AFP

Music. Take two from U2 with film version of album

U2, who faced mockery for sending their album for free to iTunes' half-billion users, are back with a new experiment: a film version by leading urban artists.

Films of Innocence will feature motion pictures by 11 artists known for their work in city spaces.

The Irish band said the artists were given "complete creative freedom to showcase their personal responses" to the album Songs of Innocence.

"Taking the political murals of Northern Ireland as a reference point, U2 pioneered the project to celebrate the unique democratic power of urban art," said the band in an announcement of the project.

This time, the work won't be free. iTunes says Films of Innocence will cost $12.99 and come out on Dec. 9.

Artists who took part in the project include Robin Rhode, the South African artist who uses simple but falsely three-dimensional drawings as the basis for street performances, and Oliver Jeffers, a Belfast native best known for his illustrations of children's books.

Street life has been a running theme for U2, from classic hit Where the Streets Have No Name to the latest album, in which frontman Bono repeatedly conjures up imagery from his boyhood.

The free release of Songs of Innocence was part of a promotional campaign for Apple's new iPhone 6.

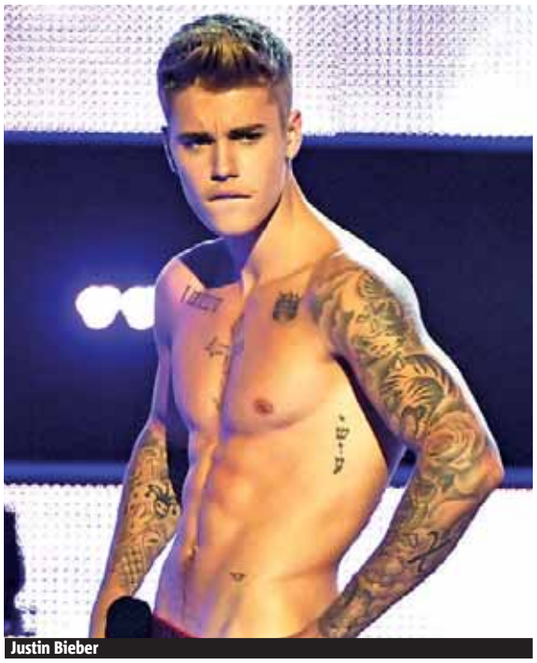
Bono initially hailed the move as an innovative way to share his music with the widest possible audience, but he later apologized and blamed what he called both his ego and generosity.

Although many U2 fans welcomed the free album, Apple received so many complaints that it offered special advice on how to delete it.

Some artists have been especially harsh, saying that the superstars devalued music.

Fellow Irish singer Sinead O'Connor recently called it an invasion of privacy that was "almost terrorist." AFP

A new film project by U2 will feature 11 urban artists responding to the band's latest album, Songs of Innocence. AFP



Justin Bieber

Bieber bans the bong, breaks out the Bible

NED EHRBAR
Metro in Hollywood

We may be about to enter the "brainwashed into a creepy cult" phase of Justin Bieber's career — which, honestly, I didn't think was going to arrive at least until he turned 23. Canada's goodwill ambassador has reportedly been devoting his time to celebrity pastor Carl Lentz of Hillsong Church. And by "devoting," I mean he "exiled himself from friends, alcohol, weed and everything else that doesn't involve the good Lord" for two weeks at Lentz's Rancho Mirage compound near Palm Springs, at least according to TMZ. Hillsong, by the way, allegedly practises tithing, requiring members to donate 10 per cent of their income to the church. Not that I wish ill on the kid, but I'd rather the hard-partying pop star with a Napoleon complex not go all Kirk Cameron on us. Come back to the bong, Bieber. All will be forgiven.

Twitter

@BetteMidler
The Pope is raffling off his unwanted Papal gifts for charity. What?! He told me he loved that Brookstone neck massager I got him!

@ConanOBrien
A 10-second kiss can transfer 80 million bacteria, my wife told me as we shook hands.

@pattonoswalt
You were the first reason I wanted to do comedy. I'll always marvel at your genius onstage. But here's where we say goodbye, Bill Cosby.

Kim Kardashian and Kanye West

That other Kim cover that didn't break the Internet

Remember when Kim Kardashian and Kanye West were on the cover of Vogue earlier this year, and it didn't really do much for sales? Anna Wintour, as it turns out, is and was a bit conflicted about the whole thing. "Now and again one has to do things like that," she told CNN's Alina Cho during a chat at the Metropolitan Museum of Art recently. "I think if we just remain deeply tasteful and just put deeply tasteful people on the cover, it would be a rather boring magazine. Nobody would talk about us." But Anna, shouldn't you also be concerned with what it is they're saying about you?

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

Chris Hemsworth ALL PHOTOS: GETTY IMAGES

Does the Sexiest Man Alive have to do housework?

Chris Hemsworth is officially People magazine's new Sexiest Man Alive, and unfortunately it looks like the Thor star plans on using his newfound powers for evil, not good. "I'll put it on the mantelpiece just to remind (my wife) in the coming years," he tells the magazine about how he plans to use the accolade. "I can just say to her, 'Now remember, this is what the people think, so I don't need to do the dishes anymore, I don't need to change (diapers). I'm above that. I've made it now." I'd rethink that strategy if I were you, buddy.

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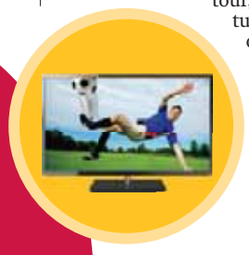

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The Daily Dish

LOCAL WOMAN FINALLY IN THE CLEAR

Those who tremble in the face of tough stuck on food and cloudy glassware can breathe a collective sigh of relief today as OxiClean™ comes to the table with its new Dishwashing 2-in-1 Booster + Rinse Agent. It's a dynamic duo of cleaning power that removes cloudy film, food particles and spots without putting your dishes through double duty. For that first wash wow, just put two squirts in the bottom of your dishwasher and fill your rinse agent dispenser cup, then add your main detergent. Penny of Toronto, told us "…my dishes are crystal clear! I noticed a dramatic improvement."* You're welcome, Penny.

*"...my dishes are crystal clear! I noticed a dramatic improvement."**
— Penny, Toronto

Stemware finally comes out of the cupboard

In a rare move, one family found the courage to show The Daily Dish their hidden collection of antique wine glasses. When asked why it's taken so long for them to come out of the cupboard, one member of the family responded that hard water has made it difficult to be seen in public, noting cloudy film and unsightly spots. However, after using the combination of OxiClean™ Extreme Power Crystals™ Dishwasher Detergent Paks and OxiClean™ Dishwashing 2-in-1 Booster + Rinse Agent, they can finally take pride in looking fabulous.

Spatula gets new lease on life

Rather than throw out the old, a spatula got a second chance in the kitchen after a family recently switched its dishwasher detergent to OxiClean™ Extreme Power Crystals™ Dishwasher Detergent Paks. Its extreme effectiveness in removing even the toughest stuck-on food and stains means there's no more pre-washing or re-washing necessary! As one woman told The Daily Dish, it "left my dishes amazingly clean! Amazingly as in it even removed melted dried on cheese!"* With results like that, OxiClean™ comes to the rescue for those who agree the best things in life are brie.

*All stories depicted within this advertisement are fictional in nature. *Quotes are from real consumer reviews submitted for OxiClean™ Extreme Power Crystals™ Dishwasher Detergent Paks and OxiClean™ 2-in-1 Booster + Rinse Agent on ChickAdvisor.com as of November 3, 2014. Reviewers received free product sample.*

Clean the dirtiest dishes with OxiClean™ Dishwasher Products.

95% OF CHICKS DIG IT† ChickAdvisor.com ★★★★½

†Source: ChickAdvisor.com reviews for OxiClean™ Extreme Power Crystals™ Dishwasher Detergent Paks. Percent of chicks who "dig it" as of November 3, 2014. Reviewers received free sample.

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CONTRIBUTED PHOTOS

Get nostalgic at The Core

Calgary's largest holiday celebration and after-hours shopping event is celebrating the season by getting nostalgic.

'Twas The Night At The CORE is throwing back to the nostalgic era of the glamorous 1960s for this year's holiday charity celebration, which will benefit the YMCA Strong Kids Campaign this year, says CORE marketing director Kim Bogner.

"This year we celebrate each other, our style as a city and our history," she says. "We are throwing back to an era when style was standard and celebration flowed freely."

"'Twas The Night is more than a CORE shopping event as it welcomes the holiday season in Calgary, bringing together the entire community. This year we are thrilled to be supporting the YMCA of Calgary, specifically, an extraordinary initiative called the Strong Kids Campaign and we're asking Calgarians to really dig deep for this important charity."

This year's event features a performance by Canadian talent and Juno nominated crooner Matt Dusk, while TV personality Tanya Kim will host a red carpet event that can't be missed.

The event is open to anyone and is free to attend, although donations are encouraged. Beginning at 6:30 p.m., the CORE will open its doors for the evening holiday shopping extravaganza highlighted by one-night-only offers and experiences, holiday entertainment and the annual lighting of the CORE's stunning 45-foot Christmas tree with a special performance of The Nutcracker by the Alberta Ballet.

"Attendees are encouraged to pump up the style factor by dressing holiday retro chic," Bogner says. "Prizes will be given away to attendees who are dressed in the most impressive holiday retro-themed attire."

Bogner encourages shoppers to arrive early and take advantage of the free parking.

"'Twas The Night once again promises to be an extraordinary night out for Calgary."

'Twas The Night attracts more than 5,000 attendees and has raised more than $60,000 for local non-profit organizations.

STRONG KIDS CAMPAIGN

The YMCA Strong Kids Campaign focuses on raising much needed resources to support a proven YMCA program that gives kids the opportunities they need to stay fit and develop healthy habits early on. Suggested donations $10 can be made online when you RSVP or in person during 'Twas The Night. For more information and to RSVP, please visit coreshopping.ca/events.

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We've got mad love for this Flower girl's beauty biz

Style. Drew Barrymore chats with Metro about her new fragrances, insecurity and living in the light

JANINE FALCON
Metro News in Toronto

"I've been in the makeup chair since I was six years old," Drew Barrymore likes to say. Actor, producer, cosmetics maven, wife and mother of two little girls, right now she's focused on promoting her two-year-old brand, Flower Beauty (the name is a nod to her production company Flower Films) in Canada.

On Flower's new fragrance collection

"We thought a lot about who this woman was that we're trying to create a fragrance for. Mothers with their kids, women in the workplace, date night — we started to fall in love with this woman and get excited by her because she felt like us.

We're trying to be good to our kids, do something that we can be proud of in our jobs, and go home to get back into that romance with our husbands. So that's Cherished, Radiant and Sultry, a fragrance for every mood and the story of what women are doing out in the world."

On her three favourite Flower makeup products

"Every day is different because all I do is test and use the products. Today I'll say Mauve Over Lip Suede ($7.98), our rose-coloured lip crayon. It's matte, but so creamy and buildable, and it never feathers or cracks or gets cakey. I don't go anywhere without our Skincognito Foundation Stick ($8.98). It's really just a big fat creamy concealer stick, and it covers stuff so well without looking heavy. And our Zoom-In Ultimate Mascara ($7.98). It's so good with its adjustable three-way brush."

Drew Barrymore's Flower Beauty line is available exclusively at Walmart Canada. GEORGE PIMENTEL

Drew's with you

"I'm very tuned into what women go through in their daily lives, how they feel inside, what positive messaging is."

Drew Barrymore
Actress and entrepreneur

On balancing a multi-faceted career with family

"I'm sure most women feel guilty, like there's never enough, especially with motherhood — it's so weighty. I apply a very narrow focus: I wouldn't be able to direct and act and do the cosmetics company and have little side projects ... things had to fall off when I had kids. That's the only way I'm able to be a mother first and foremost. My kids deserve the 24/7 energy of me."

On playing a role in the way a woman looks at herself

"I'm so happy to be there because I've done the mental gymnastics my whole life. I'm very tuned into what women go through in their daily lives, how they feel inside, what positive messaging is. Insecurity is not an option. There are things out there that can really be uplifting; you go toward them. That's a big part of how I want to raise my daughters. Live by example and go to the light. It's not all going to be easy — you're going to be torn by the heavy stuff in life. All the more reason to have that light within."

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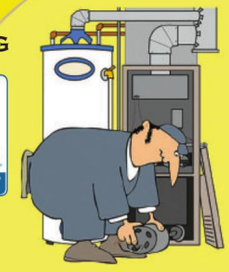

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In the hustle and bustle lifestyle in the city, We need to take some time out individually and corporately to evaluate our journeys in life. We can only understand where we are at, if we pay attention to revisit our history to understand how and where we set out to go to;

The Word of God says in Haggai 1:5-8
Think very carefully about your choices. You have planted a large crop, but your harvest is small. You have food to eat, but it is never enough to satisfy. You have something to drink, but you are never filled. You have clothes to wear, but they are not enough to keep you warm. You earn a salary, but the money runs out quickly, as if there are holes in your pocket. Think very carefully about your choices. Go up to the mountains, and bring down trees to make lumber and build My house. Do this so I may take pleasure in it and be honored by it.

We need to return to Jehovah God NOW, as our founding fathers set the ways to follow Him and they prospered in their generations.

Call to Prayer Calgary

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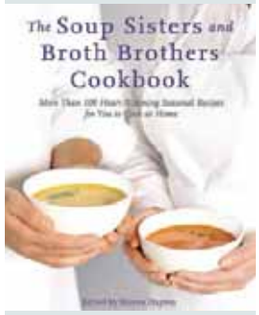
Soups to warm the heart as much as belly

Cookbook of the Week

Get your bowl ready for deliciousness



Celebrity chefs and "souper" volunteers contribute more than 100 recipes to The Soup Sisters and Broth Brothers Cookbook.

Arranged by season, the recipes include vegetarian, vegan and gluten-free options, so you can prepare and share soup throughout the year. Among the recipes are Sweet Potato and Chipotle Soup, Southwestern Black Bean Soup, Rapini Soup and more.

Soup Sisters is a non-profit enterprise that organizes volunteer soup-making events across Canada. METRO

Soup Week. This Hot and Sour Chicken Soup has a good kick of spice

"Feel free to improvise with your favourite vegetables — carrots cut in julienne strips or cremini mushrooms (baby portobellos) make excellent additions," writes Lesley Stowe, owner of Lesley Stowe Foods, who contributed this recipe to The Soup Sisters and Broth Brothers Cookbook.

Ingredients

- 8 cups (2 l) chicken stock
- 2 large boneless, skinless chicken breasts
- 1 cup (250 ml) thinly sliced leeks (white parts only)
- 2 tbsp (30 ml) minced fresh ginger
- 5 tbsp (75 ml) Chinese black vinegar or Worcestershire sauce
- 1 tbsp (15 ml) apple cider vinegar
- 1/2 tsp (2 ml) pepper
- 2 small baby bok choy, sliced
- 3 to 4 fresh radishes, thinly sliced
- 2 tsp (10 ml) sesame oil
- 1/4 cup (60 ml) cilantro leaves
- Thinly sliced red chilies to taste

1. In a medium pot, combine the stock and chicken breasts. Bring to a boil.

2. Reduce the heat and simmer, uncovered, for 10 minutes.

3. Remove the pot from the heat. Let stand, covered, for 10 minutes.

4. Remove the breasts from the pot, reserving the stock. When cool enough to handle, shred the chicken, keeping the pieces a fairly good size. Set aside.

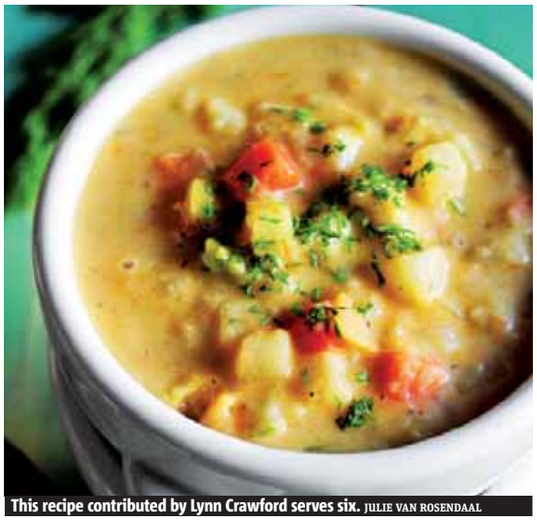
5. Strain the stock through a fine-mesh sieve into a clean pot. Add the leeks, ginger, black vinegar, cider vinegar and pepper. Bring to a boil.

6. Reduce the heat and simmer, uncovered, until the leeks are tender, about 15 minutes.

7. Add the bok choy and radishes. Allow to simmer for 5 minutes. Add the shredded chicken and sesame oil.

8. Ladle up steaming bowlfuls and scatter each portion with cilantro leaves and chilies (if using) to taste. EXCERPTED FROM THE SOUP SISTERS AND BROTH BROTHERS COOKBOOK. COPYRIGHT © 2014 SHARON HAPTON. PUBLISHED BY APPETITE BY RANDOM HOUSE, WHICH IS A DIVISION OF PENGUIN RANDOM HOUSE CANADA. REPRODUCED BY ARRANGEMENT WITH THE PUBLISHER. ALL RIGHTS RESERVED.

This recipe serves six. JULIE VAN ROSENDAAL


This recipe contributed by Lynn Crawford serves six. JULIE VAN ROSENDAAL

Potato-Cheddar Soup

1. In a heavy-bottomed pot, melt the butter over medium heat. Add the potatoes, carrots, celery, onion, leek, and salt and pepper to taste. Cook, stirring often, until the vegetables are beginning to brown and the onion has softened.

2. Add stock and bring to a boil over high heat. Reduce heat and simmer, covered, until the vegetables are tender, 20 minutes.

3. Purée half of the soup until smooth. Add the puréed soup back to the pot. Stir in the cream. Reheat gently.

4. Remove the pot from the heat. Stir in the cheese and dill and season with salt and pepper to taste. Ladle up bowlfuls.

Ingredients

- 1/4 cup (60 ml) butter
- 2 lb (1 kg) russet potatoes, peeled and diced
- 2 carrots, peeled and diced
- 2 stalks celery, diced
- 1 large onion, finely chopped
- 1 leek (white part only), diced
- Salt and pepper to taste
- 4 cups (1 l) chicken stock
- 1 cup (250 ml) whipping cream
- 1 cup (250 ml) shredded cheddar cheese
- 3 tbsp (45 m) chopped dill

For your phone

Illustrated Step By Step Baking Cakes (iPhone/iPad/Mac/PC; $4.99)

MIND THE APP
Kris Abel
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From party to wheat-free cakes, this slideshow-driven, comprehensive cookbook by Dorling Kindersley includes 360 recipes supported by how-to videos for techniques and ingredient lists that sync across different devices.

What a bright time, it's the lights time

Thanks to advances in lighting technology, you have a lot to choose from when it comes to creative ways to deck your halls for the holidays this year. Forget about white incandescent lights and animatronic reindeer. Think lasers. Think smartphones. And hundreds, if not millions, of colour choices

THE ASSOCIATED PRESS

Looking for something unique in holiday lighting? Projected laser lights use small spotlights to project thousands of tiny pinpoints of red, green, or red and green lights onto your home. PINNACLE LIGHTING GROUP/THE ASSOCIATED PRESS

Projected laser lights float in air

Using small spotlights, this technology projects thousands of tiny pinpoints of red, green, or red and green lights onto your home or any other hard surface. California-based BlissLights offers them for $179 or $199 US each, depending on whether the lights are in motion.

To a passerby, "at first glance, they look like traditional holiday rope lights, but actually they float freely across the house's exterior, plants and more to create a display that neighbours will think took hours to design and hang," BlissLights spokeswoman Natalia Barclay says.

There are no cords or wires involved with the laser lights, says Nick Burks of Atlanta-based Pinnacle Lighting Group.

"For people who live in the northern part of the country, it's extremely helpful when you have to take them down and it's zero degrees outside," he says. "Instead of taking a string of lights down in January, just unplug the fixture and put it in a box and you're done."

Battery powered lights sparkle on

This technology has been around a while but was mostly limited to smaller, incandescent light strands that you'd put in a window box or small porch display.

Now they come in LED strands up to 30 feet long with batteries that are much more powerful and longer-lasting. Many feature auto-timers and buttons that control blinking and other patterns.

At online retailer Lights.com, you can connect up to six strands of battery-powered lights for a total of 600 LED lights on one battery pack, spokeswoman Aimee Majoros says.

You know what that means? One-hundred-and-eighty feet of energy-saving holiday sparkle.

This Joy sign will light up a tabletop or mantelpiece with a rustic, yet festive, vibe. Vintage elements are a popular decor trend this holiday. HOMEGOODS/THE ASSOCIATED PRESS

RGB lights of many colours

Single light bulbs that hold three LEDs — red, green and blue — are the secret behind a new category of holiday lights that offer up to 16 million colour combinations.

Known as RGB lights, they can be dialed up or down in a variety of ways via a smartphone app. And because their colour range is so varied, they can be kept up year-round and used for any number of holidays — Halloween, Easter, you name it.

Lumenplay offers the most colours by far at more than 16 million. The exotic lighting system doesn't come cheap ($79.99 US for a starter pack) and is only available in 10-foot strands. But you can string as many as 500 lights together on one controller, which comes with the starter pack.

GE also offers RGB lighting technology with its new iTwinkle light sets and pre-lit Christmas trees, while Texas-based decorating firm Christmas Decor is offering the lights as an option for holiday customers this year.

Each iTwinkle G35 bulb holds three LEDs — red, green and blue — that can be combined to create thousands of colour choices. GE/THE ASSOCIATED PRESS

Smart lights and lighting systems

All the talk of RGB technology leads right into another holiday lighting trend this year — "smart" lights or lighting systems controlled by your smartphone.

- Both the Lumenplay and iTwinkle systems are operated via apps available for Apple and Android phones. With just a swipe of your screen, you can dim or brighten outdoor lights, set them to music, or choose new colours and patterns.
- With iTwinkle, you can even record a greeting to play, like Happy Holidays or Merry Christmas, spokeswoman Amanda Hayes says.
- Most of these apps have a range of up to 150 feet, meaning you can control the action from across the yard or while plopped on your couch watching It's A Wonderful Life (or the Griswolds in National Lampoon's Christmas Vacation) for the 10th time.
- "No longer do you have to venture outside to plug in your lights," says Dave Geraci with Ohio-based Technical Consumer Products.
- TCP recently unveiled a smart home lighting system known as Connected by TCP, which links to a home's Wi-Fi or mobile network and is controlled via smartphone, computer or a special remote.

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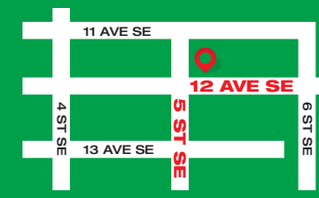

All renderings are an artist's impression.
All prices, size and specifications are subject to change without notice. E&O.E.

Perfect personalized and pre-loved presents

Holiday gifts. Why not give one-of-a-kind and vintage presents this year? Here's how

DESIGN CENTRE
Karl Lohnes
home@metronews.ca

each year, and the hardest part is choosing the right gift for someone special.

Not many of us would proudly admit to re-gifting or shopping for used items to present as gifts, but given thoughtfully, such gifts are bound to please the recipient.

This year I've decided to give personalized gifts I've either made or vintage items I've purchased that suit the personality and style of the receiver.

Shopping online, for example at Kijiji.ca, is an excellent starting point, as you can purchase locally, often saving on the time and cost of shipping.

Pointers to make holiday gift giving personal

Here are a few ideas for saving money on your holiday shopping while making your gift-giving more personal this year:

- **Make sure the gift you give is all about the recipient.** Will they appreciate something vintage, used or recycled? If not, stick to socks and pyjamas.
- **Gifts should always be useful and thoughtful.** If the gift isn't useful to the recipient, it's bound get re-gifted or appear in a yard sale in the near future.
- **Where you save on the gift, spend on the wrap.** There's never an excuse for poor presentation.

Vintage champagne wedding glasses are now a Friday night party staple. PINTEREST

Vintage

For this one you have to know the receiver well. Think vintage silver barware, teapots or serving trays. Look for hallmarks (stamps) and no dents or deep scratches. Polish with a good quality silver cleaner and wrap in a soft flannel cloth. Engrave a personal message to create even stronger ownership. Look for '60s espresso cup sets, cool mid-century liquor decanters or a mish-mash of vintage champagne wedding glasses.

Re-gifting

That bottle of champagne or wine you received when you hosted your last soiree is the easiest option to re-gift, but what about something more personal? If someone has complimented you on an item you no longer use (think jewelry, a silk scarf or tie), why not clean it up and pass it on? The secret to re-gifting is to tell the receiver that you once owned the item and hope it will have a happier life at their home. And a re-gifted bottle? Enhance it with the new owner's initials using etching cream, brush and stencil (easily found at craft stores). That way, the bottle will never be re-gifted again!

Personalize any type of glass with Etching Cream from Martha Stewart Crafts. MICHAELS.COM

A vintage blanket, cleaned and monogrammed, makes a useful gift for cool nights. PINTEREST

Personalize something old

Monogramming the corner of a vintage quilt or blanket instantly gives it a new lease on life. Paint an old picture frame a great trend-setting colour and insert a vacation photo; or give a vintage children's storybook (published the year of the recipient's birth) with your giftee's baby picture taped inside. All those options make for memorable gifts that won't be duplicated under the Christmas tree.

Bake or cook

I once baked a holiday pound cake and sent it to a friend in California. The overnight courier cost was $180, but I could never have purchased a gift for $200 that meant more. Not a baker? Buy a dozen plain gingerbread man cookies, some icing in a tube, sprinkles and have fun decorating! Another last minute gift idea is to make a personalized dinner gift certificate: "Good for one pot-roast dinner at my place during 2015."

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METRO SPACES

The best of both worlds

CONTRIBUTED

Not many homeowners get the chance to have the best of both worlds when it comes to vibrant inner city living across the bridge from downtown, but that opportunity is possible with Bridgeland Hill.

During its fall opening, more than 300 people lined up to get a peek at the 101-unit condo project by Gablecraft Homes that will be situated at the hilltop of Edmonton Trail, says sales manager Victoria Salter.

"It's vibrant living in an established community with a great foundation," she says. "You have a young, energetic vibe in a beautiful community just outside of downtown where you can get the best of both worlds."

The Bridgeland Hill condo project tagline of Young. Energetic. Connected. is exactly why many young professionals are investing in the area at the ideal time as it continues to grow, Salter says, pointing out that trendy eateries such as Blue Star Diner, Over Easy Breakfast, and Diner Deluxe are all within walking distance.

"The food and retail scene in Bridgeland is very walkable and has blossomed into one of the top destinations in the city. When you add the appeal of the community with the stunning views of the city's downtown skyline and river, you've really found it all."

The condos start at $289,900 and range in size from junior one-bedroom units to three-bedroom homes with large balconies and beautiful views. Extra-sized windows in the main living areas, stainless steel gas appliances and spa bathrooms are just a few of the special features.

"These homes already come with high-quality additions, so upgrades are not necessary and the price point is second to none, especially when you factor in the reputation of the builder."

Amenities include a fitness facility, a 2,000-square-foot landscaped courtyard, underground parking and a private storage room for bikes that's accessed by a separate ramp from Edmonton Trail. Each unit has a storage locker.

For more information, please visit gablecrafthomes.ca. The sales centre is located at 736 1st Ave., NE, and is open daily from noon to 6 p.m., but closed Fridays. Call 403-456-2329 for more information.

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With everything it has to offer, it's no surprise that Brentwood is consistently at the top of best of lists when it comes to Calgary's communities.

Sharing its northern border with Nose Hill Park, the well-established community of Brentwood has everything anyone could possibly need, says Lisa Mundell, PMA Brethour Townley vice-president, the company responsible for handling the sales at University City.

"Brentwood is a beautiful, well-established community with all of the basic necessities right here," she says. "It has grocery stores, doctors, parks, schools and everything is right here in this community. You don't have to go to Market Mall or downtown for anything. But if you did, they're not far away either."

The community also boasts one of the most well-respected high schools in the city, Sir Winston Churchill, as well as an aquatic and recreation centre and a sportsplex with rinks for ice skating and hockey.

"It's actually quite a coveted high school and we've even had clients that have purchased in this neighbourhood just so that their kids can attend the school," Mundell says.

CONTRIBUTED

But that's not all — Brentwood also has its own hidden gem not many people outside of the community know about.

"We have this seven-acre hidden green space that the University City project faces that most people don't know is here. It's a beautiful Brentwood secret."

Another not-so-secret benefit of living in Brentwood is the transit system — the University of Calgary is just one stop away from the Brentwood station, which is a minute-and-a-half walk from the popular University City project.

"If you work downtown and you don't want to drive, you just hop on the train and you don't have to fight traffic," Mundell says.

It's no wonder that almost 70 per cent of the community is owner occupied and the neighbourhood was listed as Calgary's four best to live in for Avenue magazine's top 10 list for 2013.

TRANSIT-ORIENTED DEVELOPMENT

They say location is everything and that has never been truer than with the city's first official transit-oriented development at University City.

With five condominium buildings being developed just minutes from the Brentwood LRT station across from the University of Calgary, University City is putting the walk into walkability, says Lisa Mundell, PMA Brethour Townley vice-president, the company responsible for handling the sales at University City.

"As the first official transit-orientated development in Calgary, we have many options available to our clients," she says. "There is a major bus line that picks up right outside of the front doors of our first two towers and we also have access to the C-Train, which is just a short walk."

University City is perfectly located not only by the U of C, but also Brentwood Village Mall, University of Calgary Research Park, Foothills Hospital, Alberta Children's Hospital, and both Market Mall and Northland Village Mall.

"And downtown is just a short train ride away," Mundell says, adding Car2go is also a viable option for homeowners.

Explore a new way of living

Unique townhomes are a popular option

There's a new project on the horizon in the community of Brentwood that is bringing a new way of living that currently doesn't exist in the popular neighbourhood.

Knightsbridge Homes is putting the finishing touches on the game-changing University City project with Brentwood on the Park, which is offering homeowners the opportunity to purchase three-bedroom townhomes, says Lisa Mundell, PMA Brethour Townley vice-president, the company responsible for handling the sales at University City.

"These townhomes are completely unique to the area as Brentwood is a well-established community with either older homes from the '50s or condos," Mundell says. "This townhouse project is a nice blend and a missing component for the Brentwood community."

Mundell says young couples and students are interested in the University City projects, but the Brentwood on the Park townhomes are particularly coveted because of the amount of space and carefree living aspect.

"As the development is progressing we're getting more and more owner occupied and it's a great starter home because it is so central to everything. The townhomes are really spacious and great for people who want the space of a home without the yard work and maintenance that comes with owning a home."

One of the best features of the townhome that is proving popular is that the entire top floor of the townhome is a master suite, complete with a slider door to close off the hallway.

CONTRIBUTED

"It's a unique suite oasis with a lot of space and privacy," Mundell says.

The Brentwood townhomes are now selling and are the last component of University City, which is a set of five multi-coloured buildings that are almost sold out.

"Because of the location and wonderful community, these condos and townhomes will always be in high demand and it's just a wonderful opportunity for homeowners."

The University City presentation centre is located at 3802 Brentwood Rd., NW and is open from Monday to Thursday between 11 a.m. and 6 p.m., and Saturday and Sunday from noon until 5 p.m.

The presentation centre is closed Fridays.

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CONTRIBUTED

RECOGNITION AND AWARDS

Brookfield Residential is no stranger to success, with many recognitions and awards under its belt.

The distinguished company was recently awarded two AVID customer benchmark awards, one for Alberta and the inaugural home quality award for the multi-family category. And that's just the tip of the iceberg, which is why Residential Brookfield chose to work with two notable homebuilders to bring Auburn Point Estates to Calgarians.

Morrison was crowned builder of the year at this year's Calgary region SAM Awards, while Albi won the 2014 Ralph Scurfield Award for builder of the year at the Alberta Awards of Excellence in Housing.

"I remember when Auburn Bay was first introduced in January 2005," Albi president Allan Klassen says. "We didn't have show homes and today we are getting ready to launch the last lake lots in this amazing community. Albi is honoured to be partners with our friends at Morrison and Brookfield Residential and to have played a role in one of Calgary's finest new communities."

For more, visit livebrookfield.ca.

Stunning new enclave at Auburn Bay

Calgarians can now enjoy cottage country inspired living in of the city's most popular communities.

Brookfield Residential has partnered with two of Calgary's most celebrated homebuilders, Morrison Homes and Albi Homes, to provide a stunning new enclave in Auburn Bay called Auburn Point Estates, says Brookfield marketing lead Karla Schultz.

"Auburn Point Estates offers the last lake lots in Auburn Bay, a cottage country inspired community built on land shaped like a peninsula, reminiscent of a jetty, which overlooks a scenic 43-acre freshwater lake," she says. "The lots of Auburn Point Estates provide ample opportunity to watch the sunrise and sunset over Auburn Bay with homeowners having the ability to relax on their private docks."

The enclave will be comprised of 38 lots, including six in its opening phase. Lots range from 46- to 56-feet wide and 20 of them will boast private lake access with personal use docks.

"As a team, we're very excited about this next step for Auburn Bay," says Morrison president Dave Gladney. "While it's been an amazing community with so much to offer from the start, we feel Brookfield has done something truly special with these new lake lots.

In Auburn Point Estates, homes start from the mid $800,000s. Two-storey homes will range from 2,500 to 4,500 square feet and bungalows will span 1,700 to 2,400 square feet.

Auburn Bay offers a long list of amenities, including the businesses at upcoming Auburn Station, which is the planned market area for the community.

"It's also close to restaurants, shops and services at nearby Seton and the new South Health Campus hospital," Schultz says. "There are schools and parks and it's a great community for families to call home."

Show homes for both builders are under construction and expected to open in fall 2015. For more information on homes available in Auburn Point Estates, visit Morrison and Albi's show homes on Auburn Shores Landing SE.

LUXURY MEETS NATURE

With nature as your next door neighbour, you won't want to leave home.

Nestled on the edge of Fish Creek Park in beautiful southeast Calgary, Mosaic Riverstone in Cranston is what happens when luxury meets nature, says Brookfield marketing lead Karla Schultz.

"It's only natural to feel at home in Cranston," she says. "The Bow River is just down the street and Fish Creek Park is virtually in your backyard with snow-capped mountains visible on the horizon.

"Cranston is the perfect blend of majestic nature and city living."

Tucked into the beautiful and upscale Riverstone area of Cranston, the 64-unit, single-level estate townhomes with double-attached garages are just a stone's throw away from nature, but also boast many schools, parks, recreation facilities, shopping centres, and more.

"With the Cranston Market, two new schools and a private resident's club now open, Cranston has everything your family needs, right in your own backyard," Schultz says, adding residents can still easily get out of the community.

"Every area of the city is easily accessible from Cranston's location at Highway 22X (Marquis of Lorne Trail). Deerfoot Trail takes you directly downtown or to the Calgary International Airport and puts Foothills Industrial Park within easy reach."

Century Hall, the private resident's facility, features a four-season, seven-acre recreation park where homeowners can cool off at the splash park or play on the tennis and basketball courts in the summer. In the winter, they can enjoy skating, tobogganing and hitting the ice on the outdoor hockey rink, complete with a Zamboni.

With three floor plans ranging from 1,426 square feet to 1,600 square feet, the masterfully designed homes feature a stucco exterior, copper detailing and a plethora of high-end interior finishes.

CONTRIBUTED

"Mosaic Riverstone truly offers the luxury of low-maintenance living," she says.

For more, visit experienceriverstone.ca.

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SLATE II in Cranston (Riverstone)
$532,832 (GST Incl.) | TOWNHOMES
74 Cranbrook Villas SE
1,426 sq.ft.
(403) 457.5980

SEQUOIA in Cranston
$422,088 (GST Inc.) | SIDE-BY-SIDE
101 Cranford Way SE
1,430 sq.ft.
(403) 257.7940

LEIGHTON in Cranston
$440,616 (GST Inc.) | SINGLE FAMILY
383 Cranford Park SE
1,523 sq.ft.
(403) 257.3915

RUBY in Auburn Bay (Muskoka)
$287,046 (GST Incl.) | TOWNHOMES
132 Auburn Meadows Walk SE
915 sq.ft.
(403) 698.6500

CARAGANA in Auburn Bay
$382,021 (GST Incl.) | SIDE-BY-SIDE
37 Auburn Meadows Walk SE
1,129 sq.ft.
(403) 452.2720

CARMINE in McKenzie Towne
$397,469 (GST Inc.) | TOWNHOMES
296 Promenade Way SE
1,225 sq.ft.
(403) 257.5261

BELVEDERE II in Cranston
$444,861 (GST Inc.) | SINGLE FAMILY
94 Cranford Bay SE
1,500 sq.ft.
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TIMELESS BEAUTY, MODERN TOUCHES

MISSION A SOUGHT-AFTER PLACE TO LIVE

CONTRIBUTED

Geographically, it doesn't get much better than living in Mission.

Known as Calgary's restaurant row, 4th Street SW boasts more than 35 restaurants from countries all over the world, spanning 13 short blocks accentuated with trendy shopping, entertainment, art, medical services, business services and a hip young exciting energy, says tela condominiums marketing and sales manager Louise Jefferies.

"Mission is a vibrant and highly desirable community in Calgary and continues to be viewed as one of the most sought-after areas to live in the inner city," Jefferies says. "People are drawn to the area for its Village vibe and it's a very walkable community with deep historic roots and its sense of community."

Mission is one of the city's most historic and sought after communities in Calgary, and it's becoming one of the most modern as well. Homeowners have the opportunity to purchase a new build home at tela Condominiums right in the heart of the neighbourhood at 22nd Avenue SW, between 2nd Street and 4th Street.

"tela offers a stylish lifestyle that complements the easy community vibe and walkable nature of Mission and, really, they're the perfect fit," Jefferies says. "The exterior of tela's building with its brick, stucco, interlocking stone walkways, large windows and beautiful greenscaping captures the essence of Mission with timeless beauty and modern touches."

Of course, the Calgary Stampede grounds, the Talisman Centre, the downtown core, 17th Avenue SW, the Elbow River and other large green spaces and parks are just a walk away.

"I think when people choose to call Mission home, they won't want to leave. Everything you need is in the community. tela's new modern building in the heart of Mission offers homebuyers an opportunity to be part of an amazing neighbourhood. Calgarians are choosing to experience the dynamic lifestyle of one of the most desired, creative and fun neighbourhoods."

CONTRIBUTED PHOTOS

INCENTIVES AT OPEN HOUSE

tela is hosting an open house Thursday and Nov. 27 at the sales and information centre where Calgarians can enjoy a sampling of refreshments, appetizers and door prizes from shops and services just steps away from the future steps of the 51-unit condo project.

"We are also offering limited time incentives that we know homebuyers will be very excited about," says tela marketing and sales manager Louise Jefferies, adding there will be a chance to view the amazing suites.

tela's sales and information centre is located at #104, 320-23rd Avenue SW, and is open Monday to Thursday from 2-7 p.m., and Saturday and Sunday from noon to 4 p.m.

For more information, please visit telacondos.ca or phone 403-452-8352.

Commitment to exceptional quality, craftsmanship

tela condos complement anyone's lifestyle

Not many people may know that té-la is Italian for fabric — so it's only fitting that tela Condominiums will complement anyone's lifestyle.

Located on 22nd Avenue, nestled between 2nd and 4th Street SW, tela is just steps away to all amenities and is already garnering attention, even though the condo project has just started construction, says tela marketing and sales manager Louise Jefferies.

"I think the early interest just highlights the desirability of the high design standards of the home, as well as the highly-coveted location," she says. "tela's commitment to exceptional quality and craftsmanship is second to none and we source all of our materials, features and talent locally, as Calgary has great talent and expertise in building for our city."

tela is a modern and elegant four-storey building comprised of 51 suites with secure titled underground parking, secure visitor parking, personal storage spaces, as well as separate secure bicycle storage for homeowners.

"Homeowners will enter into the stylish and elegant secure foyer with grand 10-foot-high ceilings where they are greeted by a sophisticated and modern reception area with fireplace," she says.

The style doesn't stop at the entry — all main floor suites have amazing 10-foot-high ceilings throughout; the second and third floors have airy nine-foot ceilings and the fourth-floor penthouse suites have soaring 12-foot-high ceilings with skylights. There are also two elevators, complete with a rear-loading dock for easy access for home deliveries and moving.

"With three distinct and modern upgraded standard finishing packages to choose from, homeowners can design their home to reflect their discerning tastes."

All suites include large kitchens with ample cabinet space, ceasarstone countertops throughout, stainless steel appliances, washer and dryer, in-floor heating, tiled bathrooms, upgraded lighting, a patio or balcony, and a gas barbecue outlet.

With a variety of suites to choose from, homeowners will be able to select the best for their lifestyles ranging from just less than 600 square feet to 948 square feet with prices between the low $300,000s to the mid $500,000s.

For more information, visit telacondos.ca.

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condominiums

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Some Flames set for smaller AHL stage

THE HOCKEY NEWS
Brian Costello
calgary@metronews.ca

Devin Setoguchi has no goals, no assists and a minus-7 rating in his 11 games service with the Flames. DEREK LEUNG/GETTY IMAGES

The dangerous part about Calgary's baffling success through the first quarter is that it's bound to be tempered just as some regulars return to the lineup. But fans shouldn't read too much into that.

What I find compelling is which players are bound for Adirondack when some or all of six injured forwards return to good health. We know Johnny Gaudreau is staying put and so is Josh Jooris. They're both playing important and different roles with the Flames. Brian McGrattan isn't sinking any lower than 14th forward and may be stapled to a seat in the press box.

This is where it gets tricky. David Jones and Michael Ferland could return as soon as the next game. Joe Colborne and Mason Raymond are probably getting close. But Mikael Backlund and Matt Stajan are likely not back until into the new year.

If Jones and Ferland are set to go, Max Reinhart is sure to be AHL-bound. Alternatively, Ferland could be sent to Adirondack for conditioning after missing several weeks with a concussion.

When Colborne and Raymond are ready, decisions will have to be made on Markus Granlund, Sven Baertschi and Devin Setoguchi. Two of them will have to be moved, provided there are no more injuries.

The case for keeping Granlund is he's producing (eight points in nine games), he's a much-needed centre and the experience he's gaining is invaluable. The case against Granlund is he's getting beat up in the faceoff circle (35.6 per cent) and he's just 21.

The case for keeping Baertschi is he's showing flashes of "getting it," he's found a groove with Paul Byron and he's an important asset worth developing at the NHL level. The case against him is occasional defensive breakdowns.

The case for keeping Setoguchi is he has NHL-scoring pedigree, albeit a few seasons removed, he's a right-shot right-winger and he's still just 27. The case against him? He's been the king of suck in Calgary. Nada to show in 11 games with a minus-7. Inexplicably, Setoguchi has received 16 minutes of power-play ice time (seventh among Flames forwards), which is way more than the likes of Backlund, Byron, Baertschi and Granlund.

It would serve Setoguchi well to send him to the AHL for a month or two to see if he can re-capture his NHL step and touch. And if some other team makes a waiver claim on him, it's not a devastating loss.

PDO profile

PDO is the sum of on-ice shooting percentage and on-ice save percentage. It regresses closer to the mean (100) in the long run. A number well above 100 indicates team has had good luck and a drop is anticipated:

- 1. Nashville, 104.21
  2. Pittsburgh, 103.67
  3. Calgary, 103.26
  29. Edmonton, 97.83
  30. Columbus 96.81

NHL

Talbot's shutout removes Rangers from land of losses

Cam Talbot made 31 saves for his first win of the season and fourth career NHL shutout, and the New York Rangers snapped a three-game losing streak with a 2-0 victory over the Philadelphia Flyers on Wednesday night.

New York, wearing its road white jerseys, beat the Flyers for the ninth straight time at Madison Square Garden in the regular season. Talbot (1-2-1) got the win while subbing for Henrik Lundqvist, who served as his backup.

It was Talbot's first victory since another shutout at Edmonton on March 30 — a span of six starts. THE ASSOCIATED PRESS

NBA

Openly gay Collins calls it a career

Jason Collins, the first openly gay player in one of the four major North American professional leagues, announced his retirement Wednesday after 13 years in the NBA.

"It's time and I'm very much looking forward to the next steps," Collins said during a press conference Wednesday before the Brooklyn Nets played the Milwaukee Bucks.

The 35-year-old Collins disclosed his plans earlier in a first-person story for Sports Illustrated. It's the same forum he used in April 2013, to publicly reveal his sexuality. He was signed by the Nets in February and played 22 games for the team. THE ASSOCIATED PRESS

The Raptors' Amir Johnson, left, and the Grizzlies' Zach Randolph battle for the ball on Wednesday in Toronto. FRANK GUNN/THE CANADIAN PRESS

Raptors tame the league's best

NBA. Toronto outscores Memphis by 10 in fourth quarter for narrow victory

DeMar DeRozan poured in 21 points, while Terrence Ross scored 14 of his 16 points in the fourth quarter, and the Toronto Raptors beat the depleted Memphis Grizzlies 96-92 on Wednesday.

Kyle Lowry added 18 points — two of which came on a fadeaway jumper with 8.2 seconds remaining to push the lead to four — while Lou Williams finished with 13 points, and Jonas Valanciunas added 10 for the Eastern Conference-leading Raptors (9-2).

Marc Gasol had 22 points and 12 rebounds for the Grizzlies, who were missing five players thanks to a vicious stomach virus that ripped through their roster.

Zach Randolph added 18 points and a game-high 18 boards for the Grizzlies, who boast the best record in the NBA (10-2).

Vince Carter added seven points on a night that the Raptors honoured their former star.

A video tribute for Carter was played during a first-quarter timeout, and for the first time since he departed Toronto, leaving fans angry in his wake, they stood and warmly applauded him.

Carter was visibly moved by the gesture, wiping tears from his eyes. He touched a hand to his heart and gave the fans several thumbs-up signs.

THE CANADIAN PRESS

NFL

Lawyer asks judge to approve $1B concussion deal

The NFL on Wednesday urged a judge to approve an estimated $1-billion settlement of concussion lawsuits despite concerns raised by former players or survivors who feel left out.

The 65-year fund would resolve thousands of lawsuits that accuse the NFL of long hiding what it knew about concussions and brain injuries to keep players on the field.

The NFL now expects 6,000 of nearly 20,000 retired players — or 28 per cent — to suffer from Alzheimer's disease or at least moderate dementia someday. Their average payout would be about $190,000.

The awards reach several million dollars for Lou Gehrig's disease or Parkinson's disease.

Some critics feel the fund lets the NFL off lightly, given its $10 billion in annual revenues. Others complain that there are no awards for depression, mood swings, dizziness and other problems they link to football concussions.

THE ASSOCIATED PRESS

Try nom ties a bow on great year

Magali Harvey from Quebec City has been nominated for the International Rugby Players' Association Try of the Year. Scan the image with your Metro News app to view video of Harvey's try in August's World Cup semifinal.

JORDAN MANSFIELD/GETTY IMAGES

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AUGMENTED REALITY

Stuck on 12 Across? Scan this image with your Metro News app for today's crossword and Sudoku answers. It's OK. No one's watching.

→ See the full instructions on Metro's Voices page.

Horoscopes by Sally Brompton

♈ Aries
March 21 - April 20
There is nothing to be gained and a great deal to be lost if you act purely on emotion. It will pay you to wait a day or two before deciding what to do about a relationship.

♉ Taurus
April 21 - May 21
Concentrate on what you are good at and ignore everything else. You may find that difficult as the planets seem determined to disrupt your routine.

♊ Gemini
May 22 - June 21
Ignore those who urge you to take a more "balanced" approach. If you want something enough you must go out and get it.

♋ Cancer
June 22 - July 23
A little of what you fancy will do you good today, but don't go overboard and consume too much or you could make yourself sick.

♌ Leo
July 24 - Aug. 23
No matter how difficult it has been resolving a dispute, today's cosmic picture will help you find the compromise. You may have to give a little more than you expected.

♍ Virgo
Aug. 24 - Sept. 23
Pretend you have faith in someone's abilities, even if you doubt they are up to the job. If you say the wrong thing now you may destroy their confidence completely.

♎ Libra
Sept. 24 - Oct. 23
Affairs of the heart are vital but as relationship planet Venus squares up to Neptune, planet of illusion, you are advised not to take them seriously.

♏ Scorpio
Oct. 24 - Nov. 22
Some situations call for subtlety, some call for assertiveness, but whatever circumstances you face over the next 24 hours you'll come up smelling of roses.

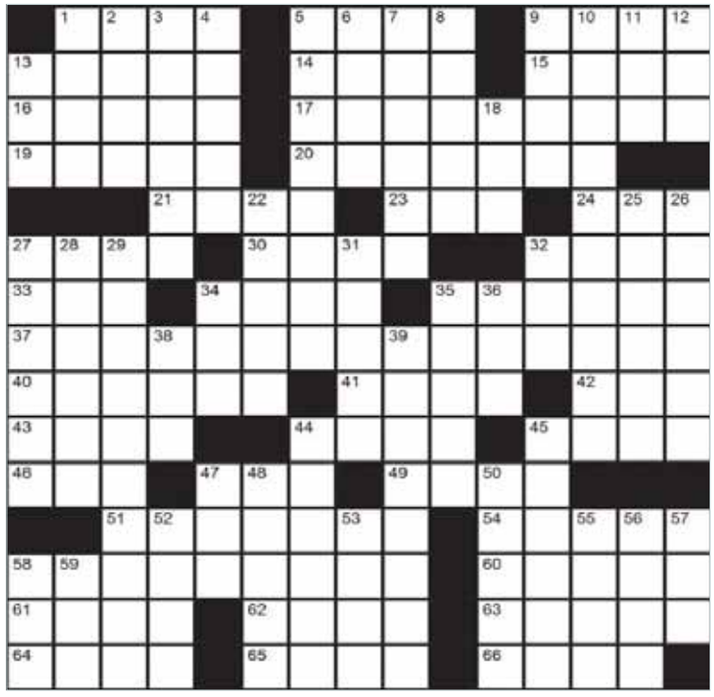
♐ Sagittarius
Nov. 23 - Dec. 21
It appears someone's grabbed your attention but don't give them the impression you are desperate. If you do all the chasing at the beginning it will be the pattern for the future.

♑ Capricorn
Dec. 22 - Jan. 20
What you do today is maybe not so important, but how you do it is. Throw yourself in 100 per cent. Your passion will do your reputation no harm at all.

♒ Aquarius
Jan. 21 - Feb. 19
Caution is needed today when dealing with employers. But that does not mean you have to put up and shut up. Be subtle in your criticisms.

♓ Pisces
Feb. 20 - March 20
It may at times seem as if you are the only one who thinks logically but something will convince you today that you are not alone. Others share your values and opinions.

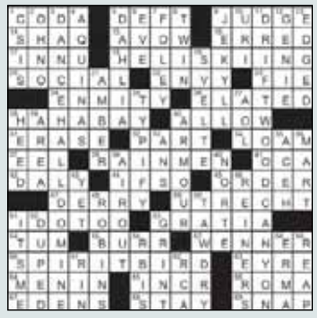
Crossword: Canada Across and Down by Kelly Ann Buchanan



Across
1. Not his
5. Boring
9. Cracked a bit
13. Break a Commandment
14. Latvia's capital
15. Thespian's request
16. __ in Wonderland
17. Outdoor skating spot in Halifax: 2 wds.
19. Contradict
20. Creature like #58-Across
21. Bus. bigwig
23. Lettered drug
24. Tic-__-Toe
27. Garden waterer
30. __ poker
32. Fun time
33. __ & Dec ("Britain's Got Talent" hosts)
34. Process part
35. Ancient Olympic deity
37. Moraine and Peyto in Banff National Park = __-__ __
40. Lowest amts.
41. Grannies: German
42. 'Hero' suffix
43. Supersonic interceptor aircraft developed-then-halted in Canada in the 1950s, __ Arrow
44. Thurs. followers
45. "Meet Me __ __, Louis" (1944)
46. Prefix with 'classical'
47. Montreal Mrs.
49. Hockey: __ pads
51. Quebec singer Mitsou's surname
54. Icelandic singer
58. "Star Wars" (1977) character
60. TV show: French
61. Had on
62. "Is it just __ __..."
63. Story, in a house, in French
64. "__ Congeniality" (2000)
65. "_ __" ('60s espionage series)
66. Zilches#

Down
1. Mittens-mending reason
2. Malefic
3. Cook's secret
4. Ranch animal
5. '80s sitcom, "Punky __"
6. Red carpet auto
7. From times-of-yore
8. Hears the herald angels!
9. Skincare stuff
10. Bee Gees '75 hit: 2 wds.
11. Ms. Gasteyer
12. Faith [abbr.]
13. Hailed ride
18. Care
22. "Melrose Place" star Rob
25. Canadian apple juice brand
26. Broom __
27. J.R. Ewing portrayer Larry
28. TV: Happening now, not taped: 2 wds.
29. Hamilton folk singer (b.1949 - d.1983) who wrote "Northwest Passage": 2 wds.
31. __ __ the challenge (Ready to take things on)
32. Red carpet accessory
34. Actor Alastair
35. Add _ __ of salt
36. Polite abbreviation
38. Techie exec.
39. Envoy
44. Property separators
45. Chin __, Vancouverite in The New Royales
47. World Series org.
48. "The Golden Girls" city
50. Norwegian dramatist Henrik
52. Lamb mothers
53. Late-'80s flick, "Rent-_-__"
55. Unwritten
56. Sets up
57. Vancouver: Sam __ Building (Built in 1913, it's famous for its narrow structure)
58. Valley, in Wales
59. Masses, with Polloi

Yesterday's Crossword



Online

See today's answers at metronews.ca/answers

Conceptis Sudoku by Dave Green

How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

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Yesterday's Sudoku

5	7	1	3	8	2	6	4	9
9	2	3	4	5	6	7	1	8
8	4	6	7	9	1	3	5	2
6	9	2	8	7	5	4	3	1
3	1	8	9	6	4	5	2	7
4	5	7	2	1	3	8	9	6
7	8	5	1	4	9	2	6	3
1	3	4	6	2	8	9	7	5
2	6	9	5	3	7	1	8	4

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